

Winterpeg

A Winnipeg Trails program



FREE winter activities for & by persons with disabilities. Equipment and support provided.

To learn more, visit Winterpeg.org

SATURDAYS 12:00 noon

Winterpeg is For Everyone Winter Adventures

Equipment and support for winter adventures. Somewhere new each week! Get fresh tracks. Join mobile ski library afterward.

SATURDAYS 11:00am - Olexercise!

Tailored exercise session for persons with any disability with Paralympian and Coach Olex Korniioko. Join in person or ask for an online link to join at home

LOCATIONS AND DATES

Saturday January 27th - Fort Garry CC

Saturday February 3rd - St.Norbert CC

Saturday February 10th -Seine River Adventure @ Kilter Brewery

Saturday February 17th - Lindenwoods CC

Friday February 23rd - Brewski at Assiniboine Park (+18) (6:30pm start)

NOTE: Saturday February 24th - No program.

Saturday March 2nd - St.Norbert Community Centre

More Winter events in March as weather allows. Get in touch for spring and summer events too!



To join now email Olex@Winnipegtrails.ca or call Olex at 431-334-5527