# SATURDAY UNE 1<sup>ST</sup>, 2013 (rain or shine)

HOP ON YOUR BIKE, LACE UP YOUR WALKING SHOES OR DON YOUR SKATES TO EXPERIENCE WINNIPEG'S GREAT TRAILS. IT'S HEALTHY, IT'S ACTIVE AND IT'S FREE !









### **BISHOP GRANDIN GREENWAY**

Most activities run from 11:00–2:00 unless they are a 'scheduled event'

**Complete details at:** 

**DISCOVER TRAIL MAPS** 

www.WinnipegTrails.ca

WinnipegTrails.ca

# **Tent Location: Eagles Pond**

*NW Bishop Grandin Blvd between St. Mary's Rd* & River Rd

- Meet a Wildlife Ambassador from the Wildlife Haven Rehabilitation Centre
- Discover how to make a kite
- Field lacrosse demonstration
  Urban poling
- Art and Meaning of Dream Catchers
- *11:30–12:30* • Cycle the South St. Vital Bike Loop

### **NEW EXCITING SIGHTS ALONG THE TCT** *Register online—www.prairiepathfinders.mb.ca*

Hike length: 9 km 1:00 pm–3:30 pm

Join Prairie Pathfinders with trailblazer Janice Lukes exploring the TCT route through the U of M & surrounding communities. This celebratory exploration of the new and exciting sights along the Trans Canada Trail includes a sneak peek into the new stadium that everyone's talking about & other innovative buildings on campus + we'll discover some hidden treasures - scenic pathways & a visit to 'EDNA FEDYA', a four star restaurant in the middle of the university's 'Smart Park'.

## EXPERIENCE THE NEW DUFF ROBLIN PARKWAY

- Cycle or skate the 46 km trail, located on the west side of the floodway, that begins near the St. Mary's Road Bridge in the south and ends just south of Lockport.
- Enjoy the 2.8 km trail on the east side of the floodway, known as the Kirkness Spur, that runs from near the new pedestrian overpass bridge to Kirkness Road or the 3.2 km paved trail leading from the pedestrian overpass bridge into Birds Hill Provincial Park called the Cedar Bog Spur.

### BIRD WATCHING ALONG HENTELEFF Park trails

- **OTHER TRAILS TO DISCOVER**
- Bunn's Creek 3.0 km Henderson & Knowles to Raleigh
- Gabrielle Roy Loop & TCT 2.6 km Notre Dame & Thibault intersection in St. Boniface
- Headingley Grand Trunk 9.0 km Beaudry Provincial Park on Roblin to Perimeter @ Caron Road
- Little Mountain 3.2 km Little Mountain Park @ Farmer Ave
- McGillivray 5.5 km
- *McGillivray & Brady to Pembina* • Niakwa Park 4.1 km
- St.Annes & Fermor to Niakwa Rd E

11:00-12:30

• Pork Slider Samplers from Danny's Whole Hog 12:15–1:30

# **Tent Location: Community Gardens**

NE side of Bishop Grandin Blvd & Dakota; walk approximately .2km east of Bishop Grandin Greenway

- Learn how to compost
- Companion Gardening for small spaces *11:30–1:30*

# Tent Location: Nature's Haven Pond

North side of Bishop Grandin Greenway, West of St. Anne's Road

- Bird House building and other crafts
- Discover St. Vital history
- Frontier College Interactive Reading Tent
- Kids play corner
- YMCA-YWCA games and activities

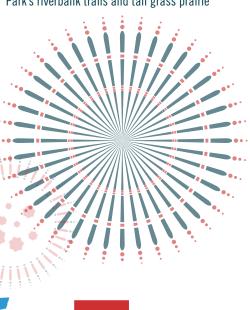
Admission is free but participation is limited. So RSVP early and don't miss the fun!

# HARTE TRAIL-6.5 KM

Meet at Fraser Meadow Park—Municipal Road south of Rannock Avenue

- All activities take place on the trail: *9:00–12:00*.
- Geocaching & trail walks exploring what is beyond the trail.
- Sale of memberships (single \$10.00, family \$15.00)
- Sale of Charleswood souvenir Centennial calendars for \$5.00.
- Free water & trail treats

Enjoy the trail and bring your binoculars for a self-guided bird watching through Henteleff Park's riverbank trails and tall grass prairie



• Northeast Pioneers Greenway 5.5 km Talbot & Gateway to McIvor

- Preston 2.0 km through Assiniboine Forest
- Seine River South Trail & Bois des Esprits 2.0 km Royalwood Bridge @ Shorehill Drive & St. Anne's Rd
- South St. Vital 2.6 km

St. Mary's near Willowbend to St. Anne's Rd • St. Norbert Heritage Trails & TCT 9.0 km

Burgess Ave & Kilkenny to Courchene Rd & beyond

- Sturgeon Creek Greenway 4.0 km Booth Dr @ Portage to Saskatchewan
- Thundering Bison 4.4 km McCreary & Wilkes Ave to Waverley
- Transcona 6.5 km

Bradley St & Ravelston Ave W

• Yellow Ribbon Greenway 5.5 km Hamilton & Silver Avenues to Ferry Road





