









## Application Checklist for the Hillel Volunteer Program 2008

- **Full Application form including the signed** "Terms and Conditions"
- Medical Form signed and stamped by registered physician
- 1 Clear Photo JPEG format e-mail <u>ipcto@jafi.org.il</u>
- One letters of recommendation (on professional letterhead). Should not be written by family members or friends.
- □ Photocopy of valid passport *(Must be valid for 6 months from the day you would arrive in Israel)*
- □ Resume
- \$300 security deposit made out to Hillel of Greater Toronto
- □ Interview from Hillel or IVPC Representative

Applications that are missing one or more of the above items will not be accepted!

## DEADLINE FOR BAT YAM AND KYRIAT MOSHE APPLICATION IS MARCH 5, 2008

## SUBMIT COMPLETED APPLICATION TO YOUR LOCAL HILLEL ATTENTION REBECCA WOODS BAUM

## **Hillel Summer Volunteer Program**

Please print or type your answers clearly.

All questions must be answered in full. If necessary, attach additional sheets.

## A. <u>GENERAL INFORMATION</u>

## Session: (please check the session you are applying for)

- Given Kyriat Moshe
- □ May 15 June 27
- $\Box$  June 30 August 7

| Surname:<br>Name of father: |                           | Names:                 |                      |
|-----------------------------|---------------------------|------------------------|----------------------|
| Sex: M F I                  | Date of Birth:d / m / y   | Marital Status: Single | e/ Married/ Divorced |
| Passport No                 | Expiration                | ty:<br>n Date<br>sue   |                      |
| Permanent Address_          |                           |                        |                      |
| Permanent Phone Nu          | ımber                     | Cell:                  |                      |
| Current Address             |                           |                        |                      |
|                             |                           | (C)                    |                      |
| Email:                      |                           |                        |                      |
| Education/ Jewish E         | ducation:                 |                        |                      |
| Name of School              | Dates Attended<br>From To | Degree received        | Date<br>Received     |
|                             |                           |                        |                      |
|                             |                           |                        |                      |

| Present School/College/University | Year |
|-----------------------------------|------|
| Course of Study/ Major:           |      |

Membership in Jewish Organizations (*e.g.* youth movements, campus activities, etc.)

| Name of Organization | Dates of N | <b>Membership</b> | Offices Held |
|----------------------|------------|-------------------|--------------|
|                      |            |                   |              |
|                      |            |                   |              |

| Have you participated in a program in Israel before? |            |       |  |
|--|------------|-------|--|
| If yes, which program?                               |            | Date? |  |
| Did you complete the program ?                       | If no why? |       |  |
|  | · ·        |       |  |

How did you hear about the program?

| Ar | e you attending the program with a friend? Y N Name:   |
|----|--|
| WI | nat are your expectations of the program?  |
|    |  |
| Do | you have any special requests or concerns?   |
| Do | you have any dietary limitations?  |
| Ve | geterian KosherOther   |
| Ar | e either of your parents Israeli citizens? Y/N   |
| Ha | ve either of your parents ever lived in Israel? Y/N  |
| B. | HEBREW AND OTHER LANGUAGES   |
| 1. | Are you familiar with the Hebrew alphabet? Y/N   |
| 2. | Are you able to read Hebrew with vowels? Y/N   |
| 3. | Have you ever studied Hebrew grammar formally? Y/N If yes, for how long and in what framework? |
|    |  |
| 4. | Please check the box that correctly describes the amount of words in your Hebrew vocabulary:   |
|    | 10-50 words  |

- □ 100-200 words
- □ 200-300 words
- $\Box$  More than 300 words

Level of Hebrew (FLUENT/ VERY GOOD/ GOOD/ FAIR/ POOR):

 1. Speaking:
 2: Reading:
 3. Writing:

5. Are you fluent in English? Y/N

6. Do you speak any other languages? Please give details:

# C. IN CASE OF EMERGENCY

# 1. <u>Contact in home country</u>

| Name                 | Relationship to you |  |
|----------------------|---------------------|--|
| Address              |                     |  |
|                      |                     |  |
| Home Phone Number    | Work Phone Number   |  |
| E-mail               |                     |  |
| 2. Contact in Israel |                     |  |
| NameAddress          | Relationship to you |  |
|                      |                     |  |
| Home Phone Number    | Work Phone Number   |  |
| E-mail               | Fax                 |  |

### TERMS AND CONDITIONS

#### \*\*\*\*\*\*

**DAMAGES:** Any damage caused by the participant to the property of the cooperating institutions and/or companies must be paid for by the participant. Any extraordinary expense incurred on behalf of the participants will be billed to them.

**RESPONSIBILITY:** The Israel Volunteer Program Centre and its partners and program co-sponsors act as agents only for the programming and transportation provided by the program. In consequence of the forgoing, the Israel Volunteer Program Centre and any partner of program co-sponsor are not liable or responsible for injury or damage caused directly or indirectly to participants or their property in connection with any other transportation, accommodations, tours or other services, or resulting from theft, customs regulation, delays, strikes, cancellations of or changes in itinerary, or from any other causes beyond the control of the Israel Volunteer Program Centre and its partners and co-sponsors. The Israel Volunteer Program Centre and its partners and co-sponsors shall not be liable for any damages or expenses sustained by the participant as the result of any forgoing causes and in the event it becomes necessary or advisable for any reason whatsoever to alter the itinerary or arrangements, such alterations may be made without any penalty to the Israel Volunteer Program Centre and its partners and co-sponsors. The program includes unsupervised free time, for which the Israel Volunteer Program Centre and its partners and co-sponsors. Damages or expenses, if any occur, shall be borne solely by the program participants. The program includes unsupervised free time, for which the Israel Volunteer Program Centre and its partners and co-sponsors assume no responsibility. By filling out an application to this or any other program sponsored by the Israel Volunteer Program Centre may accumulate in connection with the application, are the sole and exclusive property of the Israel Volunteer Program Centre and its partners and co-sponsors. Such material will be held in the strictest of confidence, subject however, to the Israel Volunteer Program Centre is right in its absolute discretion to release all or part thereof.

### BEHAVIOR AND ADJUSTMENT- BASIC POLICY

In an effort to ensure the success of the program and to provide a positive experience for the entire group, information is distributed prior to departure. In addition, a printed commitment form is distributed to all program participants and returned to us signed, in an effort to ensure that all participants understand the standards of behavior expected of them. In the event of adjustment problems of any type, the decision concerning continued participation of the participant in the program remains solely with the program sponsor and its professional staff.

### SEXUAL HARASSMENT - BASIC POLICY

Sexual Harassment is one of five types of prohibited behavior which are:

- 1. Extorting a person to engage in an act of a sexual nature.
- 2. Indecent act (example: a male supervisor touches a female employee for the purpose of arousal)
- 3. Repeated proposals of a sexual nature although the person to whom the proposals are directed had indicated she is not interested in them.
- 4. Repeated references to a person's sexuality, although the person to whom the proposals are directed had indicated she is not interested in them.
- 5. A contemptuous or humiliating attitude towards a person's gender or sexual preference, whether or not he has indicated that this is disturbing him.

# Should any participant experience any form of sexual harassment or assault, he/she is required to report such incident to a staff member immediately.

With this contract the applicant commits to a date of arrival and departure. If the applicant decides to leave on his/her own accord earlier then the departure date indicated on this application, and this departure is not due to any family or personal emergency (subject to the Israel Volunteer Program Centre discretion) then the participant will lose his/her \$200 deposit. **Initial** 

# ANY OF THE FOLLOWING CONSTITUTES VIOLATION OF THE BASIC POLICY AND REPRESENTS GROUNDS FOR DISMISSAL FROM THE PROGRAM AND RETURN TO THE COUNTRY OF ORIGIN WITHOUT REFUND.

- 1. The use, purchase, sale or transporting of illegal drugs,
- or drugs not prescribed by a physician
- 2. Excess consumption of alcohol
- 3. Destruction or abuse of property

- 5. Hitchhiking
- Any other behavior deemed to be unacceptable or antisocial in any way
- 7. Travel to Sinai or and Jordan
- 4. Unauthorized absence from the group and/or group activities

The Israel Volunteer Program Centre reserves the right to refuse or retain any person as a member of the program either in their country of origin or in Israel. In the event that it is decided to return a participant to his/her country of origin, whether this is the decision of the program sponsors, the participant, or his/her legal guardians, any expenses incurred as a result of such return are the responsibility of the participant including air transportation, land transportation, meals and any other expenses incurred. *Initial* 

### ALL PROGRAMS, COSTS, AND DATES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

I hereby confirm my application for participation in the Eilat P2K Volunteer program. I have read and fully accept all conditions and requirements as listed above.

| Name      | Date |
|-----------|------|
| Signature |      |

### NOTES TO THE EXAMINING PHYSICIAN

The new and strenuous environment each participant will face will tax his/her physical and mental capabilities to the fullest. It is therefore imperative, as a safeguard to the health of the participant that this report be as complete and precise as possible. This form should be filled out by a physician who has known the applicant for at least 18 months prior to the filling out of this form. In addition, any applicant who has been under the care of a specialist (for example, cardiologist, neurologist, psychiatrist, psychologist, social worker etc.) must submit a detailed report from that specialist giving a complete diagnosis, prognosis and evaluation.

If a participant is required to continue receiving medication while under the auspices of the program, he/she should have a medical letter giving full details. Since in many cases medicine is not available under the same trade name as in the country of origin, the full pharmacological name of all medicines and drugs used by the patient should be given. In any event, the participant should bring an extra supply of the medicine with him/her.

If any changes take place in the participant's condition following the examination and prior to the beginning of the program, the participant must submit, before departure, an explanatory medical letter, detailing diagnosis, prognosis and treatment. Failure to submit such a letter shall result in the expulsion of the applicant from the program with no refund.

## FOR YOUR INFORMATION

- 1. *Climate:* Participants will be touring and working in a sub-tropical climate, with temperatures reaching 100 degrees Fahrenheit. The climate is mostly dry with semi-arid conditions over a large part of the country.
- 2. *Social Environment:* Most participants will be living in a communal environment. They will be sleeping in a dormitory or sharing living quarters with others.
- 3. *Medical Facilities:* The physician should bear in mind that medical facilities are available for acute illnesses and accidents only and do not cover routine, chronic or any kind of pre-existing conditions.

### VACCINATIONS

Please note that immunization against hepatitis B is compulsory for all participants. We also recommend vaccination against hepatitis A (with the 1440 ELU vaccine). Participants are also urged to have a booster of the inactivated polio vaccine if more than ten years have elapsed since the last dose and a booster of the tetanus/diphtheria vaccine if more than five years have elapsed since the last dose. Serotesting for mumps, measles and rubella with supplementary vaccinations as necessary are also recommended.

### PLEASE NOTE:

The Israel Volunteer Program Centre intends to rely on this completed form and supplementary letters in making the determination of acceptance of the participant to the program. Omissions or mis-statements are at the risk of the applicant and his/her physician, psychiatrist, psychologist or social worker. The information on this form, and all supplementary reports on the physical and mental state of the applicant will be held by the Israel Volunteer Program Centre as strictly confidential.

Should any participant, upon arrival in Israel, or during his/her stay, be found to be suffering from any condition, mental or physical, that is not fully disclosed in this medical form or accompanying letter then:

• He/she may, at the sole discretion of the program coordinator, be returned to his or her home country at his/her own expense (with no refund from the program)

• The Israel Volunteer Program Centre and its representatives in Israel are thereby released from responsibility or liability of any kind whatsoever arising from any aspect of such participants medical history and/or physical and mental condition.

### **D. PERSONAL HEALTH HISTORY**

(TO BE COMPLETED BY PHYSICIAN)

ALL SECTIONS MUST BE FILLED OUT COMPLETELY AND WILL BE TREATED CONFIDENTIALLY

| Last Name:     |           | First Name:          |           |
|----------------|-----------|----------------------|-----------|
| Date of Birth: |           | Date of Examination: |           |
|                | d / m / y |                      | d / m / y |

### Health History (answer "Y" for Yes or "N" for No)

| ALLERGIES:             | Asthma        | Ear Infections    | Headaches      |
|------------------------|---------------|-------------------|----------------|
| Hay Fever              | Bronchitis    | Eating Disorders  | Heart Trouble  |
| Insect Stings          | Chicken Pox   | Epilepsy          | Kidney Trouble |
| Penicillin             | Convulsions   | Eye Trouble       | Measles        |
| Food Allergies: (list) | Diabetes      | Fainting          | Mononucleosis  |
|                        | Dizziness     | Frequent Colds    | Mumps          |
|                        | Drug Use      | German Measles    | Pneumonia      |
|                        | Poliomyelitis | Rheumatic Fever   | Scarlet Fever  |
| Other                  | Sleep Walking | Thyroid Disorders | Tuberculosis   |
|                        |               | Venereal Disease  |                |

If Participant has asthma, please indicate: Mild \_\_\_\_\_ Medium\_\_\_\_ Severe\_\_\_\_\_ Please describe:\_\_\_\_\_\_

 Dates of Immunization:

 Tetanus:

 Polio:

 Hepatitis B (3):

TNE (TB) Test: Negative\_\_\_\_\_ Positive\_\_\_\_\_

• Please give all details concerning any allergy to which YES is answered above, including a description of reactions, details of medications required, names and addresses of physicians, hospitals and consulting specialist.

• Do you require carrying an Epipen? Yes\_\_\_\_ No\_\_\_\_ Please explain:\_\_\_\_

(For those with allergies needing Epinet Jr., please note that these are not readily available in Israel and an additional supply should be taken from home)

• Has the participant ever suffered any chronic recurring illness? If YES, give details and furnish specialist's letter.

• Has the participant ever undergone any operations or sustained any serious injuries? If YES, give details including name and phone number of attending physician\_\_\_\_\_

• Is the participant taking any medication now? If YES, please specify the name of the medication(s) and condition being treated.

# **E. PHYSICAL EXAMINATION**

(To be completed by a licensed physician)

| Head  |                            | NORMAL          | ABNORMAL             | DESCRIBE ABNORMALITY                    |
|---|----------------------------|-----------------|----------------------|---|
| Neck  | Head                       |                 |                      |   |
| Ears  | General Build              |                 |                      |   |
| Eyes  | Neck                       |                 |                      |   |
| Teeth   | Ears                       |                 |                      |   |
| Mouth, Throat   | Eyes                       |                 |                      |   |
| Chest, Lungs  |                            |                 |                      |   |
| Heart   | Mouth, Throat              |                 |                      |   |
| Vascular System-B.P.  | Chest, Lungs               |                 |                      |   |
| Abdomen & Viscera   |                            |                 |                      |   |
| Hernia  |                            |                 |                      |   |
| G.I. System   | Abdomen & Viscera          |                 |                      |   |
| G.U. System   | Hernia                     |                 |                      |   |
| Upper Extremities   | G.I. System                |                 |                      |   |
| Lower Extremities   | G.U. System                |                 |                      |   |
| Spine   |                            |                 |                      |   |
| Skin, Lymphatic   | Lower Extremities          |                 |                      |   |
| Nervous System  | Spine                      |                 |                      |   |
| WeightHeightBlood TypeBlood PressurePulse         RespirationHearingVision         Any abnormal findings:         F. PSYCHOLOGICAL         1. Is the participant currently involved in psychological therapy of any kind?         2. If so: With whom? Psychiatrist Psychologist Counselor Social Worker.         3. Is there any history of psychological or psychiatric care? If YES, give dates:         4. Has the participant ever been advised to have counseling, psychotherapy or other psychiatric | Skin, Lymphatic            |                 |                      |   |
| Respiration Hearing Vision         Any abnormal findings:         F. PSYCHOLOGICAL         1. Is the participant currently involved in psychological therapy of any kind?         2. If so: With whom? Psychiatrist Psychologist Counselor Social Worker.         3. Is there any history of psychological or psychiatric care? If YES, give dates:         4. Has the participant ever been advised to have counseling, psychotherapy or other psychiatric   | Nervous System             |                 |                      |   |
| RespirationHearingVision         Any abnormal findings:         F. PSYCHOLOGICAL         1. Is the participant currently involved in psychological therapy of any kind?         2. If so: With whom? Psychiatrist Psychologist Counselor Social Worker.         3. Is there any history of psychological or psychiatric care? If YES, give dates:         4. Has the participant ever been advised to have counseling, psychotherapy or other psychiatric   | Weight Height              | Bloo            | d Type               | Blood Pressure Pulse                    |
| Any abnormal findings: <b>F. PSYCHOLOGICAL</b> 1. Is the participant currently involved in psychological therapy of any kind?         2. If so: With whom? Psychiatrist Psychologist Counselor Social Worker.         3. Is there any history of psychological or psychiatric care? If YES, give dates:         4. Has the participant ever been advised to have counseling, psychotherapy or other psychiatric   |                            |                 |                      |   |
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| 1. Is the participant currently involved in psychological therapy of any kind?         2. If so: With whom? Psychiatrist Psychologist Counselor Social Worker.         3. Is there any history of psychological or psychiatric care? If YES, give dates:         4. Has the participant ever been advised to have counseling, psychotherapy or other psychiatric  | F. PSYCHOLOGICAL           |                 |                      |   |
| <ol> <li>If so: With whom? Psychiatrist Psychologist Counselor Social Worker</li> <li>Is there any history of psychological or psychiatric care? If YES, give dates:</li></ol>  |                            |                 |                      |   |
| <ul> <li>3. Is there any history of psychological or psychiatric care? If YES, give dates:</li> <li>4. Has the participant ever been advised to have counseling, psychotherapy or other psychiatric</li> </ul>  | 1. Is the participant curr | rently involved | in psychological t   | herapy of any kind?                     |
| <ul> <li>3. Is there any history of psychological or psychiatric care? If YES, give dates:</li> <li>4. Has the participant ever been advised to have counseling, psychotherapy or other psychiatric</li> </ul>  |                            |                 |                      |   |
| <ol> <li>Has the participant ever been advised to have counseling, psychotherapy or other psychiatric</li> </ol>  | 2. If so: With whom        | n? Psychiatrist | Psychologis          | t Counselor Social Worker               |
|   | 3. Is there any history o  | f psychologica  | l or psychiatric car | e? If YES, give dates:                  |
|   | A Has the participant of   | ver been advise | d to have councel    | ng nevelotherany or other nevelicitie   |
|   |                            |                 |                      | ng, psycholicitapy of other psychiatric |
|   |                            |                 |                      |   |

5. If yes has been answered to any of the above questions, please describe and explain:

### PHYSICIAN'S STATEMENT

| I have completed an examination of                    | whom I have known for         | years.                         |
|---|-------------------------------|--------------------------------|
| The results I have recorded represent, to the best of | of my knowledge, the entire   | participant's medical history  |
| and my findings on examination. I understand th       | nat the program organizers    | will rely on my report and     |
| findings. In my opinion the participant is physically | , mentally and emotionally ca | apable of participating in the |
| program.  |                               |                                |

| I recommend full physical activity: YESNO                    |      |
|--|------|
| If NO, please explain:                                       |      |
| I recommend certain restrictions: YESNO                      |      |
| If YES, please If YES, please explain:                       |      |
|  |      |
| I recommend a special diet: YESNO<br>If YES, please explain: |      |
| Name of Physician (please print)                             |      |
| Address:   |      |
|  |      |
| Telephone: ()  | Date |
| Signature of Physician                                       |      |
| License Number   |      |
|  |      |

Physician's Stamp (please stamp below)

### PARTICIPANT'S STATEMENT

I hereby certify that, to the best of my knowledge, this medical form is complete in all its details and I fully realize that any condition, mental or physical, that I am found to have, originating prior to the beginning of the program, and which is not described in full in this form or in an accompanying letter, will be due cause for my return to my country of origin, or treatment in Israel, solely at my expense, and that the program organizers have neither responsibility or liability arising out of such a condition.

All medication that I take regularly is at my own expense, and has been detailed on this form or accompanying letter. I also give my full permission for all treatment of any nature deemed necessary by doctors in Israel to be extended to me within the framework of the Medical Services of the program's organizers in Israel.

Name of participant\_\_\_\_\_

Date\_\_\_\_\_

| Signature | of p | artici | pant |
|-----------|------|--------|------|
|           |      |        |      |