***Human Rights 101:***

***Human Rights in Canada and Internationally***

**Part I: Theoretical Foundations**

*Chapter 1: Principles of Human Rights*

Defining Human Rights

Modern Liberal Human Rights

State Responsibility

Systemic Discrimination

Confronting Privilege and Disadvantage

Intersectionality

Chapter 1: Discussion Questions and Activity

*Chapter 2: The Interdisciplinary Nature of Human Rights*

What is an Interdisciplinary Approach?

An Interdisciplinary Approach to Human Rights

Interdisciplinary Human Rights in Practice

Internationalization of the Academy

Chapter 2: Discussion Questions and Activity

*Chapter 3: Principles of Human Rights*

Natural Rights and Universality

Human Dignity

Individualism and Collectivism

Utilitarianism and Deontological Ethics

Social Contract Theory

Chapter 3: Discussion Questions and Activity

*Chapter 4: Cross-Cultural Perspectives of Human Rights*

Decolonization

Right to Self-determination

Collective Rights

Cultural Relativism

Economic and Social Rights

Interdependence of Rights

Chapter 4: Discussion Questions and Activity

*Chapter 5: Critiques of Human Rights*

Western Bias and Cultural Relativism

Political Selectivity

Lack of Enforcement

Neoliberalism

Institutionalization

The Anthropocentric Nature of Human Rights

Chapter 5: Discussion Questions and Activity

**Part II: Human Rights in Practice**

*Chapter 6: Indigenous Peoples and Human Rights[[1]](#footnote-1)*

The Legacy of Colonization

Indian Residential School System

Missing and Murdered Indigenous Women and Girls

Indigenous Children in Foster Care

Genocide of Indigenous Peoples in Canada

Is Reconciliation Enough?

Chapter 6: Discussion Questions and Activity

*Chapter 7: Legal Human Rights in Modern Canada*

Universal Declaration of Human

Rights Canadian Human Rights Act

Canadian Charter of Rights and Freedoms

Inter-American Convention on Human Rights

International Human Rights Instruments in Canada (include an overview of the evolution of liberal human rights internationally in this section, including 1966 Covenants and other important international milestones)

Chapter 7: Discussion Questions and Activity

*Chapter 8: Leading Charter Cases*

Treaty Rights of Indigenous Peoples (cross-reference to Ch 6)

Women’s Rights

Minority Rights (racial, ethnic, linguistic)

LGBTQ+ Rights

Rights of Persons with Disabilities

Rights of Immigrants and Refugees

Chapter 8: Discussion Questions and Activity

*Chapter 9: International Human Rights*

*Author: Christina Szurlej*

Historical Evolution of Human Rights at the UN

UN Human Rights Bodies and Instruments (including UNDRIP[[2]](#footnote-2))

Monitoring, Implementation, and Enforcement

Regional Human Rights Protections

Contemporary International Human Rights Issues (e.g., environmental protection, migration)

Chapter 9: Discussion Questions and Activity

*Chapter 10: Civil and Political Rights*

Right to Life

Prohibition of Torture

Prohibition of Slavery

Right to Privacy

Freedom of Expression

Democratic Rights

Chapter 10: Discussion Questions and Activity

*Chapter 11: Economic, Social and Cultural Rights*

Right to Work

Adequate Standard of Living, including Adequate Food, Clothing, and Housing

Right to Health

Right to Education

Chapter 11: Discussion Questions and Activity

*Chapter 12: Non-State Actors and Human Rights*

Non-Governmental Organizations

International Organizations

Civil Society Organizations

Social Movements

Religious Institutions

Media Organizations

Private Corporations

Chapter 12: Discussion Questions and Activity

**Part III: Forward Looking Vision**

*Chapter 13: Human Rights in the Digital Age*

*Author: Christina Szurlej*

Right to the Internet

Free Speech Online

The Right to Privacy through a Digital Panopticon

Labour Rights: An Automated Working Class

Algorithms of Oppression

The Erosion of Democracy

The Right to Be Forgotten

Chapter 13: Discussion Questions and Activity

*Chapter 14: Quo Vadis: The Future of Human Rights*

*Author: Christina Szurlej*

The Changing Landscape of Human Rights

Emerging Human Rights

Accountability and Reform

A Message of Hope

Pause for Reflection

A Call to Action

Chapter 14: Discussion Questions and Activity

1. Treaty rights are addressed in Chapter 8; cross-reference with Chapter 6: Indigenous Peoples and Human Rights. [↑](#footnote-ref-1)
2. Cross-reference with Chapter 6: Indigenous Peoples and Human Rights. [↑](#footnote-ref-2)