

Education

University of Manitoba, Winnipeg Manitoba
09/2012-08/2020

- Doctorate of Philosophy – Clinical Psychology
- Dissertation: Animal-Assisted Psychotherapy: A Meta-Analytic Review
- Clinical Internship completed with Stony Mountain Institution, Forensic Psychological Services, and Couples Counseling Project
- Supervisor: Dr. Jennifer Theule

University of Manitoba, Winnipeg Manitoba
09/2008-05/2011

- Master of Arts-Psychology
- Thesis: The Effect of Interaction on Preferences in White Peking Ducklings (*anas platyrhynchos*)
- Supervisor: Dr. L. James Shapiro

University of Manitoba, Winnipeg Manitoba
05/2007-05/2008

- Bachelor of Arts-Sociology (Criminology)

University of Manitoba, Winnipeg Manitoba
09/2003-05/2007

- Bachelor of Arts Honours-Psychology
- Thesis: Brood Size Preferences in *Gallus gallus domesticus*
- Supervisor: Dr. L. James Shapiro

Trainings and Certifications

Circle of Security International
04/2024

- Circle of Security Facilitator Training

Envision
08/2023

- Basic EMDR Training

Manitoba Psychological Society Fall Workshop
11/2022

- Values in Therapy: Working with Values from and ACT Perspective – Online Workshop

Manitoba Psychological Society Fall Workshop
05/2022

- Treating Trauma with ACT: Revitalizing Interrupted Lives – Online Workshop

Marymound
03/2022

- Resilience & Resurgence: Why Reconciled Spaces are Essential to Healing

Manitoba Psychological Society Fall Workshop

11/2021

- Advanced Acceptance and Commitment Therapy Skills Using the Matrix Method – Online Workshop

Crisis & Trauma Resource Institute

11/2021

- Cognitive Behavioral Therapy Tools for Thinking Differently Webinar

Marymount

05/2021

- Embracing Ancestral Resilience: In Times of Collective Trauma – Virtual Conference

Marymount

04/2021

- Establishing Safe Connections: Creating Trauma-Resilient Systems that Care - Virtual Conference

New Directions for Children, Youth, Adults and Families

05/2021

- Breaking Barriers Workshop

New Directions for Children, Youth, Adults and Families

04/2021

- A Peek at Colonization Workshop

The Department of Psychiatry and Behavioral Sciences' Office of Continuing Education

12/2020

- Provider Training for Cognitive Behavioral Therapy of Insomnia (CBT-I) Certificate

New Directions for Children, Youth, Adults and Families

12/2020

- Ability Awareness Workshop

Marymount

10/2020

- Decolonizing Healing Practices Virtual Conference

The Crisis & Trauma Resource Institute

10/2020

- Anxiety: Practical Intervention Strategies Certificate

New Directions for Children, Youth, Adults and Families

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10/2020

- Deaf Culture Workshop

Manitoba Psychological Society Fall Workshop

10/2020

- Assessing Allegations of Trauma in Civil and Forensic Contexts

Triple P Positive Parenting Program, Winnipeg Manitoba

06/2018

- Certificate in Group Triple P

Canadian Psychological Association

04/2018

- Online Educational Activity - Psychopharmacology

University of Manitoba, Winnipeg Manitoba

09/2014

- Certificate in Higher Education Teaching (CHET Program)

University of Manitoba, Winnipeg Manitoba

09/2012

- Certification in The Personal Health Information Act (PHIA)

University of Manitoba, Winnipeg Manitoba

12/2012

- Certification in Freedom of Information and Protection of Privacy Act (FIPPA)

Honours and Awards

Marion & Morgan Wright Award of Clinical Excellence Nomination	February 2016
Dean of Graduate Studies Student Achievement Award	October 2015
CPA - Council of Canadian Departments of Psychology (CCDP) Award of Excellence (Teaching Assistant)	June 2015
Faculty of Arts Teaching Excellence Award (Graduate Student Category)	May 2015
Department of Psychology – STAR Award	April 2015
CPA - Council of Canadian Departments of Psychology (CCDP) Nominated – Award of Excellence (Teaching Assistant)	April 2014

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CPA - Council of Canadian Departments of
Psychology (CCDP)
Nominated – Award of Excellence (Teaching
Assistant)

May 2012

Premier's Volunteer Award for Community Groups
Positive Alternatives for Youth Program

April 2008

Clinical Experience

Multidisciplinary Assessment and Consultation Centre
New Directions, Winnipeg, MB
03/2016-Present

- Training in needs based assessment
- Conducted varied assessments for adult, adolescent, and child clients
- Individual and group therapy

Supervisor: Dr. Alicia Ordonez and Dr. Lindsay Woods

Peace of Mind Therapy and Consultation
Winnipeg, MB
08/2020-Present

- Individual therapy for children, adolescents, and adults
- Supervisor: Dr. Kelly Penner Hutton

Stony Mountain Institution
Stony Mountain, MB
09/2016-08/2020

- Training in forensic psychology and working in an institution
- Writing intake assessments
- Conducting individual therapy with varied clinical presentations
- Conducting segregation mental health assessments
- Providing mental health crisis response

Supervisor: Dr. Mitch Bonin, Dr. Stuart Toews, Kristin Rinn (I.P.)

Forensic Psychological Services
Winnipeg, MB
09/2017-09/2019

- Forensic assessments for adult clients, including cognitive and psychodiagnostic testing
- Co-facilitation group therapy for an adult group with sexual offenses
- Co-therapy for an adolescent with problematic sexual behaviour
- Interdisciplinary team meetings regarding client case management

Supervisor: Dr. Daniel Rothman, Dr. Lawrence Ellerby, Dr. David Kolton

The Couples Counseling Project
William Norrie Centre, Winnipeg, MB
03/2016-04/2018

- Training in systems work, specific focus on working with couples

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engaged in domestic violence

- Conducted intake interviews for adult clients
- Conducted conjoint structural family interventions for families having difficulties with behavioural issues, communication, and developing and maintaining family rules and structure

Supervisor: Dr. Diane Hiebert-Murphy

Anxiety Disorders Clinic
St. Boniface Hospital, Winnipeg, MB
01/2016-06/2016

- Training in Cognitive Behavioural Therapy for Anxiety Disorders
- Conducted individual and group therapy for adult clients
- Conducted intake interview for adult clients

Supervisor: Dr. Trish Furer

Bannatyne Student Counselling and Career Centre
University of Manitoba, Winnipeg, MB
09/2015-04/2016

- Training in psychodynamic therapeutic orientation and short-term psychodynamic therapy
- Conducted individual therapy for adult students at the Bannatyne campus

Supervisor: Dr. Matthew Decter

Forensic Psychological Services
Winnipeg, MB
05/2015-09/2015

- Conducted and co-conducted three risk assessment for one child and two adolescent clients, including cognitive and psychodiagnostic testing
- Co-conducted a parent capacity assessment for one family, including cognitive and psychodiagnostic testing for both parents
- Co-facilitated group therapy for two groups of intellectually impaired adults with sexual offenses against children
- Interdisciplinary team meetings regarding client case management
- Co-facilitated program consultation for a youth crisis facility

Supervisor: Dr. Daniel Rothman and Dr. Lawrence Ellerby

Learning Disabilities Clinic
University of Manitoba, Winnipeg, MB
01/2015-06/2015

- Conducted learning disability/attention deficit hyperactivity disorder assessment with adult clients
- Conducted intake interviews for potential wait-list clients
- Coordinated community resources when required

Supervisor: Dr. Don Stewart

Psychological Services Centre
University of Manitoba, Winnipeg, MB
09/2014-12/2015

- General Practicum
 - Training in psychodynamic therapeutic orientation
 - Individual Therapy for adult clients with personality disorders, mood disorders, adjustment disorders, and grief
 - Individual therapy spanning 14 months with a client with borderline personality disorder
 - Conducted personality assessment with adult clients
- Supervisor: Dr. Hal Wallbridge

Psychological Services Centre
University of Manitoba, Winnipeg, MB
01/2014-04/2014

- General Practicum
- Training in humanistic and cognitive behavioural therapeutic orientation
- Conducted individual therapy for adult clients with mood disorders, anxiety disorders, and adjustment disorders
- Co-facilitated group therapy with child clients aged 8-10 with anxiety disorders

Supervisor: Dr. George Bednarczyk and Dr. Jennifer Theule

Psychological Services Centre
University of Manitoba, Winnipeg, MB
09/2013-03/2014

- General Practicum
- Training in attachment-based, humanistic, mindfulness and cognitive behavioural therapeutic orientation
- Conducted individual therapy for adolescent clients with anxiety complaints
- Family Therapy for two families
- Conducted psychodiagnostic assessments for children with autism and attention deficit hyperactivity disorder
- Conducted learning disability assessments for children utilizing a cross-battery approach

Supervisor: Dr. Jennifer Theule

**Clinical
Supervisory
Experience**

Clinical Supervision at New Directions
12/2021-Present

- Face to face supervision of MA/PhD/Psychological Candidate level clinician for psychoeducational assessments and therapy
- Included overseeing test administration, scoring, interpretation, and therapy intervention

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Clinical Supervision at Stony Mountain Institution

01/2017-01/2020

- Face to face supervision of an MA level clinician for psychoeducational assessments
- Included overseeing test administration, scoring, and interpretation

Supervisor: Dr. Mitch Bonin

Clinical Supervision in Psychology

09/2014-04/2015

- Face to face supervision of an MA level clinical psychology student in seeing a client with major depressive disorder
- Included didactic training in developmentally appropriate supervision models and interpersonal factors involved in supervision
- Supervision of video tape was utilized

Supervisor: Dr. Ed Johnson

**Teaching
Experience**

PSYC 2260 Introduction to Research Methods in Psychology, University of Manitoba

Lecturer/Instructor Level 2, January-April 2016

PSYC 2490 Abnormal Psychology, University of Manitoba

Lecturer/Instructor Level 2, September-December 2015 (A01)

Lecturer/Instructor Level 2, September-December 2015 (A02)

PSYC 2250 Introduction to Psychological Research, University of Manitoba

Lecturer/Instructor Level 2, May-June 2015

Lecturer/Instructor Level 2, September-December 2014

Lecturer/Instructor Level 2, May-June 2014

PSYC 2390 Psychology of Women, University of Manitoba

Lecturer/Instructor Level 2, January-April 2014

Lecturer/Instructor Level 2, June 2013

Lecturer/Instructor Level 2, September-December 2012

Lecturer/Instructor Level 2, July 2012

Lecturer/Instructor Level 2, July 2011

PSYC 2360 Brain and Behaviour, University of Manitoba

Lecturer/Instructor Level 2, July 2013

Lecturer/Instructor Level 2, June 2012

Lecturer/Instructor Level 2, May 2011

PSYC 2400 The Psychology of Sex Differences, University of Manitoba
Lecturer/Instructor Level 2, August 2013

PSYC 2260 Introduction to Research Methods in Psychology, University of Manitoba

Teaching Assistant Level 2, January 2015-April 2015 (2 Sections)

Teaching Assistant Level 2, January 2013-April 2013 (2 Sections)

Teaching Assistant Level 2, January 2012-April 2012 (2 Sections)

PSYC 2250 Introduction to Psychological Research, University of Manitoba

Teaching Assistant Level 2, September 2013-December 2013 (2 Sections)

Teaching Assistant Level 2, September 2011-December 2011 (2 Sections)

PSYC 2310 Adolescent Development, University of Manitoba

Teaching Assistant Level 2, August 2011

PSYC 2860 Language Acquisition, University of Manitoba

Grader/Marker, January 2012-April 2012

Research Experience

Graduate Researcher in the University of Manitoba, Family and Development, September 2012-Present. Experience included: Meta-analytic experimental design, data analysis with Comprehensive Meta-Analysis Program. Supervision of two honours students.

Subject Pool Coordinator for the Department of Psychology at the University of Manitoba, August 2009-November 2013. Experience includes: management of ~2900 students grades and queries, Web management of Faculty Research Subject Requests and Active studies, office management, proficiency in Microsoft Office, updating and transitioning into electronic versus paper management

Graduate Researcher in the University of Manitoba, Avian Behaviour Laboratory, May 2008-May 2011. Experience included: Experience included literature review, experimental design, Ethics approval process, data collection, data analysis with SPSS, APA formatting, care of experimental subjects including but not limited to preparation of bedding, watering and feeding, disease diagnosis and treatment, and euthanasia.

Undergraduate Animal Technician in the University of Manitoba, Animal Holding Facility, July 2007-January 2010. Experience included: care of several rodent colonies, a breeding flock of mallard ducks, a breeding flock of budgies, including but not limited to preparation of bedding, watering and feeding, disease diagnosis and treatment, and euthanasia.

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Undergraduate Researcher in the University of Manitoba, Avian Behaviour Laboratory, June 2006-April 2008. Experience included: literature review, experimental design, Ethics approval process, data collection, data analysis with SPSS, poster design and presentation, APA formatting and Supervision of an Undergraduate Honours student.

**Professional
Affiliations**

Psychological Association of Manitoba
▪ Clinical Psychologist Registration #504

Manitoba Psychological Society
▪ Full Member

**Volunteer
Experience**

Department of Psychology, University of Manitoba, Winnipeg
Manitoba
May 2013-May 2015

- Graduate Association Students Psychology – Social Committee

Department of Psychology, University of Manitoba, Winnipeg
Manitoba

October 2014-March 2015

- Departmental Applied Behavioural Analysis Search Committee

Department of Psychology, University of Manitoba, Winnipeg
Manitoba

October 2013-March 2014

- Departmental Analysis and Modelling Search Committee

Department of Psychology, University of Manitoba, Winnipeg
Manitoba

August 2009-November 2013

- Departmental Subject Pool Committee

Macdonald Youth Services, Winnipeg Manitoba

October 2004-February 2010

- Youth Mentor, Positive Alternatives for Youth Program
- 700 Hours Accrued

Publications

Germain, S. M., Wilkie, K. D., Milbourne, V. M. K., & Theule, J. (2024).
Animal-Assisted Psychotherapy: A Meta-Analytic Review. *Animals
& Society*. 1-24. doi:10.1163/15685306-bja10186

Germain, S. M., Wilkie, K. D., Milbourne, V. M. K., & Theule, J. (2018).
Animal-assisted psychotherapy and trauma: A meta-analysis.

Anthrozoos, 31(2), 141-164. DOI: 10.1080/08927936.2018.1434044.

Theule, J., & Germain, S. (2017). Clinical psychology training in Canada and expectations for mobility: Is it time for change? *Canadian Psychology*, 58, 288-291. doi:10.1037/cap0000112

Wilkie, K., Germain, S. M., & Theule, J. (2016). *Evaluating the Efficacy of Equine Therapy Among At-Risk Youth: A Meta-Analysis*. Poster presentation at The Canadian Psychological Association's 76th Annual Convention (Clinical Section), Victoria, B.C., June 9-11, 2016.

Wilkie, K., Germain, S. M., & Theule, J. (2016). Evaluating the Efficacy of Equine Therapy Among At-Risk Youth: A Meta-Analysis. *Anthrozoos*, 29(3), 377-393.

Theule, J., Germain, S. M., Cheung, K., Hurl, K. E., & Markel, C. (2016). Conduct Disorder/Oppositional Defiant Disorder and Attachment: A Meta-Analysis. *Journal of Developmental and Life-Course Criminology*, 2, 232-255.

Panelist *Working effectively with your instructor*, University of Manitoba Faculty of Arts Teaching Assistants' and Grader-Markers' Workshop. September 9, 2015.

Germain, S., Hurl, K. E., Cheung, K., Theule, J., & Markel, C. *The effectiveness of psychotherapeutic interventions for young children with internalizing disorders: A meta-analysis*. Symposium presentation at The Canadian Psychological Association's 76th Annual Convention (Clinical Section), Ottawa, ON, June 4-6, 2015.

Cheung, K., Germain, S., & Theule, J. *Maternal anxiety in families of children with ADHD: A meta-analysis*. Poster presentation at The Canadian Psychological Association's 76th Annual Convention (Clinical Section), Ottawa, ON, June 4-6, 2015.

Cheung, K., Theule, J., Germain, S., & Markel, C. The association between conduct disorder and insecure attachment: A meta-analysis. Poster presentation at The Canadian Psychological Association's 75th Annual Convention, Vancouver, BC, June 5-7, 2014.

Cheung, K., Hurl, K., Germain, S., Theule, J., & Markel, C. The effectiveness of psychotherapeutic interventions for young children with internalizing disorders: A meta-analysis. Poster presentation at The Canadian Psychological Association's 75th Annual Convention, Vancouver, BC, June 5-7, 2014.

Germain, S. Brood Size Preferences in *Gallus gallus domesticus*. Poster

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presented at the 26th Annual Prairie Undergraduate Psychology
Research Conference, Winnipeg, MB, April 2007.