

The Compassionate Bison

Clinical Psychology Training Program, University of Manitoba

March 2025 Updates from the clinical psychology herd

Dear Clinical Students, Staff, and Faculty:

It's March! The cold snap seems to be lifting, and in the air, possibilities for a lovely spring ahead. Please see below for some important highlights to consider this month.

CPA Accreditation Requirement

• *Psychopharmacology*, Dr. Farhad Taremian, March 18, 3-4:30pm (Zoom)

CHP External Practicum Registration

• Deadline of April 1 for September practica

PSC Seminar Series

- MDMA-Assisted Therapy, Dr. Darek Dawda, March 4, 3-4:30pm (In-person & Zoom)
- Applying for Residency, Dr. Trish Furer, March 11, 3-4:30pm (Zoom)
- Introduction to the Neurobiology of Trauma, Dr. Lori Mac, April 1 & 8, 3-4:30pm (In-person & Zoom)

Talks & Workshops

- CBTI Half-Day Workshop, March 11, 9am-1pm (Zoom), Dr. Michael Vallis, *When Behaviour Meets Biology: Managing Addictive-Like Behaviour to Promote Health and Wellness*. Registration Deadline March 7: https://form.jotform.com/220066448815053
- CHP Grand Rounds, March 20, 3-4:30pm (Zoom), Dr. Jennifer MacMullin, *Rethinking Chronic Pain: Insights from a Pediatric Pain Rehabilitation Centre*. Please email kate.walsh@umanitoba.ca to register

- MPS AGM, March 20, 5:15-8:15pm, Best Western Plus, 1715 Wellington Ave.: https://mps1.wildapricot.org/event-6076066
- Self-Care for Psychologists Workshop, March 21, 12-1:30pm (Zoom), Dr. Amanda Maranzan: https://www.bespokementalhealth.ca/liveevents/registration/self-care%3A-an-ethicalimperative-for-professional-psychologists
- University of Manitoba Indigenous Events: https://eventscalendar.umanitoba.ca/site/indigenous/? view=grid&search=y

IPE Pain Management Session

• The Interprofessional Education in Pain Management Session will occur in April. Students in PhD1 and above are invited to attend. This event includes case conceptualization with interdisciplinary students across medicine, psychology, psychiatry, pharmacy, occupational therapy, physiotherapy, and more. Please contact <u>Kristin.Reynolds@Umanitoba.ca</u> if you are interested in registering or hearing more

Funding Opportunities

 Centre for Healthcare Innovation PREPPP Award: Applications Close March 31: https://umanitoba.ca/centre-for-healthcareinnovation/funding-opportunities-andawards#preparing-for-research-by-engaging-publicand-patient-partners-preppp-award

Spotlight on Graduate Student Self-Care and Connectivity

• Harleen Gill has led the MA1 cohort in integrating the self-care app *Finch* (<u>https://finchcare.com/</u>) in a fun way to practice self-care at an individual and group level. Pictured below are some of the MA1 bird avatars together on a tree in the Finch app.

