



# Ski Skate Snowshoe Slide

Sunday, January 17, 2010 12:30 – 3:30pm

**At all 4 locations:**

**Free learn to ski workshops**

(1:00, 2:00, 3:00pm)

**Free snowshoe guided walks**

(1:00, 1:30, 2:30pm)

**Free use of ski and snowshoe equipment**

(Limited supplies, ID required)

**Join us at ANY  
of these 4 locations**

- Assiniboine Park Duck Pond
- Bourkevale Community Centre  
100 Ferry Road
- Fort Whyte Alive  
free admission for the event
- The Forks

Winnipeg  
 in motion™  
Physical Activity - do it for life!

Winnipeg Regional Health Authority  
Office régional de la santé de Winnipeg  
Caring for Health  
À l'écoute de notre santé

**Olympia**  
cycle & ski

**NORDIC X-VENTURES**

For a detailed schedule: [www.winnipegimotion.ca](http://www.winnipegimotion.ca) \* 940.3648