

FHNS NEWSLETTER

Your monthly updates
about FHNS Community

MESSAGE OF THE MONTH

Welcome Back & Happy New Year from the FHNS Department!

Happy New Year and welcome back to the Food and Human Nutritional Sciences Department for the Winter semester! I hope you had a restful and rejuvenating break and are returning refreshed and ready for the exciting term ahead.



As we begin the new year and semester, we are excited about the opportunities that lie ahead. This semester promises a wealth of opportunities for learning, growth, and collaboration. We're particularly thrilled to announce the launch of a new interdisciplinary seminar course for our graduate students, designed to bring together students from both Food Science and Nutrition Science. This course will offer a unique platform for graduate students to collaborate and explore the fascinating intersection of food and nutrition.

While the seminar course is geared toward our graduate students, we encourage all students to stay engaged with upcoming opportunities, including department events, guest speakers, and projects that foster cross-disciplinary learning. Whether you're an undergraduate student continuing your studies or a graduate student focused on advanced research, there's something for everyone to get involved in.

Whether you're a returning student, a new member of our community, or part of our dedicated staff, your contributions are vital to creating the vibrant, dynamic environment we strive for in the FHNS Department.

We are committed to providing the resources and support you need to succeed. Please reach out to faculty or staff with any questions or concerns—we're here to help you make the most of your time with us.

I wish you all a productive and fulfilling Winter semester. Let's work together to make this year a resounding success

UNIVERSITY OF MANITOBA GRADUATE FELLOWSHIP(UMGF)

Now open!-Deadline: March 14th



READ MORE

The UMGF supports outstanding master's and PhD students with up to \$25,000 annually. Eligibility requires a minimum GPA 3.75 for our department. Check your emails for the updated application package.

MAPLE LEAF CENTRE FOR FOOD SECURITY SCHOLARSHIP

Deadline: Feb 24th



READ MORE

The Maple Leaf Centre for Food Security offers four annual \$15,000 scholarships to master's and PhD students researching food insecurity in Canada. Eligibility details and application guidelines are available on their website.

THE ABORIGINAL ISSUES PRESS SCHOLARSHIP

Deadline: Feb 15th



READ MORE

The Aboriginal Issues Press Scholarship offers \$500–\$1,500 for graduate students researching Indigenous issues. Applicants must have a GPA of 3.5, relevant course completion, and a research focus on Indigenous topics.

UNIVERSITY OF MANITOBA UNDERGRADUATE RESEARCH AWARDS (URAS)

Deadline: Feb 17th



READ MORE

UM's Undergraduate Research Awards offer \$7,000 for a 16-week full-time research experience from May to August. Applications are open to undergraduate students across all disciplines.

VOLUNTEERING OPPORTUNITIES

VOLUNTEER OPPORTUNITY WITH HARVEST MANITOBA: SUPPORTING FOOD SECURITY



SIGN UP NOW

Join Harvest Manitoba's volunteer sessions to support food security efforts. Tasks include sorting food and packing hampers. Sessions run from January to December 2025. Carpooling encouraged.

MENTORSHIP OPPORTUNITY: INSPIRE FUTURE FOOD SCIENTISTS!

Feb 6th- Feb 13th



CONTACT THEM NOW!

Join FHNS GSA in mentoring CanU students through hands-on sensory evaluation (Feb 6) and food analysis (Feb 13) sessions! Engage with young minds, lead fun experiments, and share your expertise. Don't miss this rewarding chance to make a difference!

Workshop & Webinar

**FEB
4TH**

CANADIANS AND BLACK HISTORY: NAVIGATING OUR MULTICULTURALISM TO STRENGTHEN OUR TRUE NORTH

Featuring a panel discussion and presentations on Canadian multiculturalism. >>> [MORE INFO](#)

**FEB
17TH**

FOOD & NUTRITION CONFERENCE & EXPO

The Call for Abstracts for FNCE® 2025 is now open! Submit your research or innovative projects to showcase your work at this premier event, happening October 11-14, 2025, in Nashville, Tennessee. Deadline: Feb 17th

>>> [MORE INFO](#)

**FEB
18TH**

EXPLORE INNOVATION AT RED RIVER COLLEGE!

Take a break from academic stress and join FHNS GSA for a free tour of Red River College on February 18, 2025, featuring lab visits, a presentation, lunch, and transportation—reserve your spot now!

>>> [RSVP](#)

**MARCH
4TH**

MEET THE DIETITIAN

Come celebrate nutrition month by learning more about what Registered Dietitians do!

>>> [MORE INFO](#)

Fun & Learn

**FRI
7TH**

VALENTINES PAINT AND SIP

Time: 2:00 PM to 4:00 PM

Location: Student Lounge, 101-2 Human Ecology Building

>>> [MORE INFO](#)

**TUE
11TH**

STUDY CAFÉ

Time: 2:30 PM to 4:30 PM

Location: Student Lounge, 101-2 Human Ecology Building

**WED
26TH**

BREAKFAST CLUB

Time: 9:30 AM to 11:30 AM

Location: Student Lounge, 101-2 Human Ecology Building

