A person wearing glasses and a suit

Description automatically generated**Medical Nutrition therapy for obesity in the Canadian Adult Obesity Clinical Practice Guidelines: The journey from evidence to recommendations**

*Diabetes Canada Clinician Scientist*

*Professor, Departments of Nutritional Sciences and Medicine, University of Toronto*

*Staff Physician, Division of Endocrinology & Metabolism, St. Michael's Hospital Scientist, Li Ka Shing Knowledge Institute, St. Michael's Hospital Lifestyle Medicine Lead, MD Program, University of Toronto*

Dr. Sievenpiper is a Clinician Scientist who holds appointments as a Professor in the Departments of Nutritional Sciences and Medicine and as the Nutrition theme lead in the MD Program at the University of Toronto. He is also a Consultant Physician in the Division of Endocrinology & Metabolism and Scientist in the La Ka Shing Knowledge Institute at St. Michael’s Hospital.

Dr. Sievenpiper completed his MSc, PhD and Postdoctoral Fellowship training in the Department of Nutritional Sciences at the University of Toronto. He completed his MD at St. Matthew’s University followed by Residency training in Medical Biochemistry at McMaster University leading to his certification as a Fellow of the Royal College of Physicians of Canada (FRCPC). He has established an internationally recognized research program focused on using randomized controlled trials and epidemiological approaches to address questions of clinical and public health importance in relation to diet and cardiometabolic disease prevention with a particular interest in the role of carbohydrate quality, nuts, legumes, and plant-based dietary patterns.

He is directly involved in clinical practice guidelines development for obesity, diabetes, and cardiovascular disease with appointments to expert committees in Canada and Europe. He is the recipient of numerous awards including a Stanley N. Gershoff Memorial Lectureship Award, Insulin 100 Emerging Leader Award, Khursheed Jeejeebhoy Award, CNS Young Investigator Award, PSI Foundation Graham Farquharson Knowledge Translation Fellowship, Diabetes Canada Clinician Scientist Award, Banting & Best Diabetes Centre Sun Life Financial New Investigator Award, among others. He has authored > 270 scientific papers and 17 book chapters.

April 4th, 2024

2:30 PM – 4:00 PM (CST)

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