



**UM** Faculty of Agricultural  
and Food Sciences

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**Study Title:** Development of an Indigenous Traditional Foods Knowledge Questionnaire

**Study PI:** Leslie C. Redmond, PhD, MSc

**Subject:** Invitation to Participate in a Survey Development Project on Indigenous Traditional Foods Knowledge

Dear [Recipient's Name],

I hope this message finds you well. My name is Sina Sarviha and I am a graduate student from the Department of Food and Human Nutritional Sciences at the University of Manitoba in Winnipeg, Canada. I am excited to invite you to participate in a meaningful research study as part of my thesis requirement. This study aims to explore the knowledge of healthcare professionals in Canada regarding Indigenous traditional foods to identify existing knowledge gaps and enhance healthcare practices. Your participation is crucial in developing a survey aimed at identifying existing knowledge gaps in this area.

### **Study Overview**

This study aims to evaluate current knowledge among health care professionals about Indigenous traditional foods. Your participation will involve completing an online questionnaire and joining a follow-up discussion to help us assess face validity and refine our approach to improve the questionnaire.

### **What Participation Involves**

#### **1. Questionnaire Completion:**

Once we have confirmed your eligibility, you will be asked to complete an online questionnaire. This questionnaire is designed to gather initial feedback and insights into current knowledge and practices related to Indigenous traditional foods.

#### **2. Virtual Meeting:**

Following the questionnaire, we would like to invite you to participate in a virtual one-on-one meeting to discuss your experience with the survey. During this meeting, which will last up to 60 minutes and be conducted via Zoom, we aim to understand:

- The clarity and ease of following the questionnaire instructions
- Any challenges or suggestions you may have encountered
- How the questionnaire could be improved to better assess knowledge gaps



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## How to Participate

### 1. Confirm Your Interest and Eligibility:

Please complete the online eligibility form to confirm your interest in participating: [Click here](#)

### 2. Complete the Questionnaire:

If eligible, you will be asked to provide your consent and will be given the opportunity to download and save the consent form. Then, the questionnaire should take approximately 20-30 minutes to complete.

### 3. Schedule the Virtual Meeting:

After completing the questionnaire, we will coordinate a convenient time for your Zoom meeting. Please indicate your availability in your response.

## Your Impact

Your feedback will be invaluable in refining the questionnaire, ensuring it effectively identifies knowledge gaps, and addresses the educational needs of health care professionals concerning Indigenous traditional foods in Canada.

We would like to assure you that this research has been approved by the Research Ethics Board at the University of Manitoba, Fort Garry campus, and all data will be kept confidential by the research team. If you would like more information, please contact my supervisor and Principal Investigator of the study, Dr. Leslie Redmond, at [Leslie.Redmond@umanitoba.ca](mailto:Leslie.Redmond@umanitoba.ca) or myself, at [Sarvihas@myumanitoba.ca](mailto:Sarvihas@myumanitoba.ca)

We sincerely hope you will join us in this meaningful endeavor. Thank you in advance for your time and contribution.

Best regards,

Sina Sarviha BSc.  
Graduate Student  
University of Manitoba  
Department of Food and Human Nutritional Sciences

Leslie Redmond, PhD, MSc  
Assistant Professor  
University of Manitoba  
Department of Food and Human Nutritional Sciences