:
Prairie Mountain Health – Rural Bus Tour

U of M - Master of Applied Human Nutrition Students

Itinerary

Thursday, May 29, 2025

8:30 a.m.	Depart Winnipeg (Pembina Village Shopping Centre parking lot)
12:00 p.m.	Arrive in Dauphin
12:00 p.m.	Lunch – Corrina's on Main, Dauphin, MB
1:15 p.m.	Convene in Boardroom A & B at the Dauphin Community Health Services Building Break into 2 groups (Group A, B) _(see table below)_
2:00 p.m.	Presentation / Registered Dietitian Panel Discussion – Boardroom A & B _Learn about all aspects of working as a RD in PMH and living in our communities._
2:45 p.m.	Bathroom break / Load Bus
3:00 p.m.	Visit to Northgate Trails, Dauphin – tour of area and optional walk/hike
4:30 p.m.	Load bus and travel to Elkhorn Resort
5:30 p.m.	Check into Elkhorn Resort Hotel
6:00 pm	Dinner at 1929: Restaurant in Clear Lake
7:00 pm	Students to enjoy time on their own (explore outdoors, relax, walk around Clear Lake, spa, etc)

	Tour DRHC	Tour CHS Bldg
1:15- 1:35 pm	Group A	Group B
1:40 – 2:00 pm	Group B	Group A

Friday, May 30, 2025

9:30 a.m.	Check out of hotel & depart for Brandon Light breakfast on bus During travels will point out Erickson and Minnedosa. Could do a drive through each community.
10:45 – 11:30 am	Town Centre Visit – CDEP Tour & Discussion with RD staff
12:00 p.m.	Lunch at BRHC (Catered by BRHC Cafeteria) – Lab Conference Room (WL LB9)
12:45 – 2:15 pm	Break into 3 groups _(see table below)_
2:15 p.m.	Cookie Decorating – Lab Conference Room, BRHC (WL LB9) Open discussion / networking
3:15 p.m.	Load Bus. Travel back to Winnipeg
5:30 p.m.	Arrive in Winnipeg (Pembina Village Shopping Centre parking lot)

	BRHC General Tour	Renal Unit Tour	Cancer Care Unit Tour
12:45- 1:15 pm	Group A	Group B	Group C
1:15 – 1:45 pm	Group B	Group C	Group A
1:45 – 2:15 pm	Group C	Group A	Group B