



# Primary Care Malnutrition Collaborative:

## A Community of Practice

The CMTF Primary Care **Working Group** is creating a unique opportunity for dietitians working in primary care and the community to share common interests, concerns, challenges, resources and learnings. Through regular informal mentoring sessions, dietitians will brainstorm on how to adopt best practices related to screening, assessing, treating and preventing malnutrition in their adult patients.

Want to **Learn, Engage and Discuss** with us? Come Join the Primary Care Malnutrition Collaborative by **SIGNING UP HERE**

By signing up, you express your interest in receiving emails from CNS/CMTF about the Community of Practice mentoring sessions and for dissemination of resources. Those who have joined will also receive access to archived recordings from Community of Practice sessions.

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session. Contact [info@ehs-ehp.ca](mailto:info@ehs-ehp.ca) with your request.

If you have not signed up for the Collaborative but want to access a recording of our Community of Practice mentoring sessions, please **SIGN UP HERE**.

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## Upcoming Mentoring Sessions

**March 13, 2024, 12:00-1:00pm ET: “Food Insecurity: Where to from here?”**

**Speaker:** Gerry Kasten, RD, MSc FDC, Lecturer, Food Nutrition and Health, University of British Columbia

[Click here to register](#)

### Future Mentoring session topics:

- May 2024 for Mental Health Month: “Role for Dietitians in Mental Health” - *Date, speaker & registration details to follow*

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### Past Community of Practice Sessions

**February 7, 2024, 12:00-1:00pm ET**

**“Managing Home Enteral Nutrition in the Community”**

**Speaker:** Dr. Don Duerksen MD, FRCPC - Associate Professor of Medicine, University of Manitoba and Medical Director, Manitoba Home Nutrition Program

**Total number of attendees:** 42

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**November 30, 2023, 12:00-1:00 pm ET**

**“Navigating gut permeability & GI intolerance”** (for Crohn’s & Colitis Awareness Month)

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### **"Malnutrition and Falls"**

**Speaker:** Jennifer Sundberg, RD

**Total number of attendees:** 49

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**March 22 2023, 12:00-1:00 pm EST**

### **"From failure to thrive to frailty, disordered eating to substance use and dementia: Tracking Malnutrition Outcomes in Primary Care"**

**Speaker:** Michele MacDonald Werstuck, RD MSc CDE

**Total number of attendees:** 27

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**January 26, 2023 - 12:00 - 1:00pm ET**

### **"Nutrition Risk Screening for RNs"**

**Speakers:** Bree Bondar, RN and Rhiannon Quintilio, RD

**Total number of attendees:** 42

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**November 23, 2022, 12:00pm - 1:00pm ET**

### **"Subjective Global Assessment- commonly asked questions"**

**Speakers:** Roseann Nasser RD FDC CNSC and Kari McKnight RD

**Total number of attendees:** 47

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**June 8, 2022, 12:00pm - 1:00pm ET**

### **"Addressing Malnutrition in Primary & Community Care in Canada- where we are and where are we going?"**

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### **"Food Insecurity and Malnutrition"**

**Speaker:** Krystyna Lewicki, MHSc RD-The Four Villages Community Health Centre

**Total number of attendees:** 15

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**March 30, 2022, 12:00pm - 1:00pm ET**

### **"Mental Health & Addictions- Considerations for Primary Care & Community RDs"**

**Speaker:** Michele MacDonald Werstuck, RD MSc CDE - Hamilton Family Health Team

**Total number of attendees:** 65

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**February, 16, 2022, 12:00pm - 1:00pm ET**

### **"What you need to know about Anemias and Malnutrition"**

**Speaker:** Marg Alfieri RD, FDC

**Total number of attendees:** 40

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**January 26, 2022, 12:00pm - 1:00pm ET**

### **"Nutrition Risk and Weight Stigma- Important Considerations for Practice"**

**Speaker:** Sarah Ross RD, HSC Winnipeg Shared Health

**Total number of attendees:** 65

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**November 17, 2021, 12:00pm - 1:00pm ET**

### **"Want to learn what to do after a positive malnutrition screen?"**

**Speakers:** Leila Goharian, MSc, RD and Michele Macdonald Werstuck, RD, MSc, CDE

**Total number of attendees:** 28

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**Total number of attendees: 15**

**September 15, 2021, 12:00pm - 1:00pm ET**

**“Getting Started with Screening”**

**Speaker:** Heather Keller RD, PhD, FDC

**Total number of attendees: 37**

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- CIHR Fellow
- Student Scholarship
- Advancing Malnutrition Care (AMC) Phase 1

## Advocacy

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- CAN DReAM

## Canadian Malnutrition Awareness Week

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