



MARCH 2025



# FHNS NEWSLETTER

Your monthly updates  
about FHNS Community

Nutrition Month Edition

## SPOTLIGHT ON SUCCESS



Exciting news! Chamali Kodikara is the first University of Manitoba student elected as President-Elect of IFTSA. A leader in student initiatives, she helped establish our IFTSA chapter and now drives global food science engagement. Congrats, Chamali! [>>> READ MORE](#)



Congrats to Anne Manson for winning the CNS APNM Abstract Award! Her research on DHA intake and ALA requirements in growing rats was recognized for its impact on nutritional science. Well done, Anne! [>>> READ MORE](#)



Big congrats to PhD students Anne Manson and Adewunmi Giwa for making the 3MT® finals! Anne explores omega-3s and heart health, while Adewunmi studies pulse flour and blood sugar. [>>> READ MORE](#)



Congrats to Timilehin "Timi" Oluwajuyitan who has been elected President of the University of Manitoba Graduate Students' Association (UMGSA)! After serving as Vice-President of Services & Support, Timi is ready to lead and advocate for graduate students. Exciting times ahead!



Dr. Harold Aukema, a leader in nutrition science, is honored for his groundbreaking research on dietary lipids and kidney health. A dedicated mentor and community advocate, his work is shaping the future of nutrition!

[>>> READ MORE](#)

Dr. Carla Taylor has been honored for her groundbreaking research on canola oil's impact on heart health and metabolic syndrome. A dedicated educator and leader, she continues to inspire the next generation and advance nutrition science!

[>>> READ MORE](#)



A huge shoutout to our University of Manitoba team for competing in the IFT College Bowl Competition for the first time! 🎉 While they didn't place in the top two, their hard work and dedication put our department on the map at this prestigious event. We're so proud of Zainab Husain, Kofi Oduro, Amadou Diarra, and Kieren Pothman for representing us on the big stage! 🌟💙



# Thank You

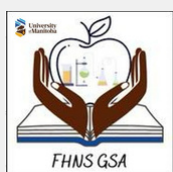
On behalf of the entire department, we want to extend our heartfelt congratulations to our incredible students and faculty for their outstanding achievements. Your dedication to research, academics, and leadership continues to inspire and elevate our community.



# Sprouted Market 2024: Nourish to Flourish

## Recap!

On March 17th, the annual Sprouted Market returned to the Engineering Atrium, bringing together students, small businesses, and food enthusiasts for a day of learning, shopping, and community building. This year's theme, Nourish to Flourish, highlighted the importance of food and nutrition while giving attendees the chance to explore local vendors and support small businesses. The event was buzzing with energy, and the exciting raffle added to the fun, offering students a chance to win amazing prizes! Thank you to everyone who joined us and made this event a success! 🍌🍎



## FHNS-GSA Hosts Scholarship Awareness Session!

The FHNS Graduate Students' Association (FHNS-GSA) recently hosted a valuable Scholarship Awareness Session to help graduate students navigate funding opportunities.

A special thank you to our expert speakers—Dr. Nandika Bandara, Dr. Dylan Mackay, Dr. Steve Kirkland, and Anne Manson—for sharing their insights on scholarship opportunities, crafting strong applications, and essential academic resources.

Missed the session? [Watch the recorded video here](#)

Thank you to everyone who attended and participated! Stay connected for more events to support your academic journey. 🚀👏



# Make an Impact on Our Program's Accreditation – Volunteer for an Interview!

The undergraduate Human Nutritional Sciences (HNS) Dietetics programs are seeking student volunteers to take part in a virtual interview with Accreditation Canada as we work to renew our accreditation status.



## You

The interviews are open to any University of Manitoba student in either the BSc (HNS) Nutrition Option or BSc (HNS) Second Degree Program who intend to pursue an education in dietetics (i.e., Dietetics Preparation/Concentration). Students in any year of the program are welcome to participate.

## Should

The interview will take place sometime between June 9 to June 11, 2025. The official day and time will be scheduled in May. Additional details, including the interview duration, will be provided as they become available.



## Volunteer!!

- Your Voice Matters: Your feedback and insights will play a key role in the accreditation process, helping to shape the future of our programs.
- Boost Your Resume: Participation in this process is a unique experience that will stand out on your resume and demonstrate your involvement in the quality of your educational journey.
- Be Part of Something Important: This is an exciting opportunity to contribute directly to the ongoing success of our programs, which will benefit future students and the profession as a whole.

**Interested?** Sign up today to be a part of this important process and help us continue to deliver a top-tier education in dietetics. >>> [\*\*SIGN UP\*\*](#)

## JOIN NECO: EXCITING LEADERSHIP OPPORTUNITIES AVAILABLE!



### [READ MORE](#)

Join NECO and make an impact! They're recruiting for key roles—apply now to gain leadership experience and support nutrition initiatives.

## DIETITIANS OF CANADA STUDENT REP

Deadline: April 4<sup>th</sup>



### [READ MORE](#)

Passionate about nutrition? We're seeking a student rep to connect peers with Dietitians of Canada, organize events, and network with professionals. Boost your resume—apply today!!

## VOLUNTEER OPPORTUNITY WITH HARVEST MANITOBA: SUPPORTING FOOD SECURITY



### [SIGN UP NOW](#)

Join Harvest Manitoba's volunteer sessions to support food security efforts. Tasks include sorting food and packing hampers. Sessions run from January to December 2025. Carpooling encouraged.

## UPCOMING EVENTS

## THE SEVEN SECRETS OF BUILDING RESEARCH SUCCESS

April 7<sup>th</sup> Bannatyne campus

April 10<sup>th</sup> Fort Gary Campus



### [SIGN UP NOW](#)

Hugh Kearns, the 2025 Samuel Weiner Distinguished Visitor, will host workshops on "The Seven Secrets to Research Success", Kearns applies psychology and education research to high-performing individuals. Don't miss this opportunity—see the attached poster for details!

## MANITOBA NUTRITION AND DIETETICS RESEARCH DAY

April 29<sup>th</sup>



### [REGISTER NOW](#)

Register now for Manitoba Nutrition and Research Day 2025! Join us for a day of exciting research presentations, networking, and discussions on the latest in nutrition science.

# Available positions

## GRADER/ MARKER

### HNSC 1210-STUDENTS ONLY-REQ37907

Qualifications :

- Completion of academic studies which have resulted in an expertise specifically appropriate to grading or marking the material assigned.
- An empathetic approach to the instructional needs and concerns of students.
- Effective skills in the English language.

**>>> [APPLY](#)**

## GRADER/ MARKER

### HNSC 2130-STUDENTS ONLY-REQ37908

Qualifications :

- Completion of academic studies which have resulted in an expertise specifically appropriate to grading or marking the material assigned.
- An empathetic approach to the instructional needs and concerns of students.
- Effective skills in the English language.

**>>> [APPLY](#)**

## GRADER/ MARKER

### HNSC 1200-STUDENTS ONLY-REQ37910

Qualifications :

- Completion of academic studies which have resulted in an expertise specifically appropriate to grading or marking the material assigned.
- An empathetic approach to the instructional needs and concerns of students.
- Effective skills in the English language.

**>>> [APPLY](#)**

## GRADER/ MARKER

### HNSC 2170-STUDENTS ONLY-REQ37909

Qualifications :

- Completion of academic studies which have resulted in an expertise specifically appropriate to grading or marking the material assigned.
- An empathetic approach to the instructional needs and concerns of students.
- Effective skills in the English language.

**>>> [APPLY](#)**