

COMMUNITY HEALTH SCIENCES PRESENTS

BOLD IDEAS COLLOQUIUM SERIES

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Via Zoom: <https://umanitoba.zoom.us/j/67906733768?pwd=K2JtMnFoMWhNZVNobU5ERytQV1VGZz09>

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What's the big IDEA? An Exploration of Inclusion, Diversity, Equity, and Access (IDEA) in Nutrition Epidemiology Research



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Historically, the constructs of inclusion, diversity, equity, and access (IDEA) have not been sufficiently considered or included throughout the research process in nutrition epidemiology, despite recent attempts to describe under-reported groups. Consequently, nutrition assessment benchmarks and knowledge translation tools may not accurately or adequately reflect diversity in the Canadian population, or produce meaningful dietary guidance, respectively. The purpose of this presentation is to introduce the Nutrition Epidemiology Continuum Framework and to explore the current application of IDEA within this framework. The presenters conclude with recommendations to incorporate the constructs of IDEA along the continuum of future nutrition research and dietetic practice.



Maria Baranowski is a second-year student in the Individual Interdisciplinary Studies doctoral program at the University of Manitoba, under the supervision of Dr. Shahin Shooshtari. Her proposed research project is to determine the dietary intake and nutritional status of children born with Trisomy 21 living in Manitoba, and to explore their experiences with, and preferences for, receiving nutrition services. Maria has been a dietitian for 17 years and has gained extensive experience as an educator, consultant, evaluator, and counsellor.

Nikki Webb is a PhD candidate under the supervision of Dr. Joyce Slater in her final year of the Individual Interdisciplinary Studies program at the University of Manitoba. Her research focuses on the intersection of food and nutrition security among youth and relationships with educational attainment, mental health, and diet quality. She uses quantitative methods and data linking with administrative data at the Manitoba Centre for Health Policy and aims to advise on provincial policy and program reform using research findings.