

FHNS NEWSLETTER

Your monthly updates
about FHNS Community

Graduation Edition

 CONGRATULATIONS TO OUR GRADUATES! 

As another academic year comes to a close, I want to extend my heartfelt congratulations to all of our graduating students.



Completing your degree is a significant achievement, and we are incredibly proud of the dedication, resilience, and passion you have demonstrated throughout your journey.

Whether you're stepping into professional practice, pursuing further education, or exploring new paths, know that you carry with you the strength of your experiences and the support of our department. You've made an impact here, and we look forward to seeing the difference you will make in the world.

On behalf of all faculty and staff, congratulations once again—we wish you continued success and fulfillment in all that lies ahead!

Warm regards,
Cristina M. Rosell



Congratulations!

Qurratul Ain	Liliana Bazan Rodriguez
Matthew Aitken	Larissa Cabaguio
Deborah Akinayo	Victory Chukwu
Amadou Diarra	Isabel Delgado Poveda
Subasinghe Nissankage	Katelin Diehl
Tharakee Dias	Kaila Ginter
Peifan Du	Caitlin Haggerty
Vedantkumar Kishorbhai Gajjar	Maryam Islam
Sumaiya Gias Uddin	Mychaela Lehmann
Liu Han	Elizabeth Magaji
April Jochum	Miranda Miller
Do Khanh Linh Le	Mwamin Mustafa
Wanqi Lu	Jay Dharmendrakumar Patel
Samuel So	Sarah Shoukat
Boran Zhang	Josephine Silvana
Avneet Kaur	Rachel Slagerman
Khanh Vo	Pui Na So
Luisa Mantilla	Ayesha Sultan
Bram Neufeld	Angel Tomas
Sofiya Shevchuk	Dexter Tresquio
Ngoc An Thuyen Huynh	Autumn Witt
Jasjit Kaur	Moriah Wong
Mollie Nolan	Ruchen Yue
Kaitlyn Guttormson	Meagan Grausdin

Well done!



Lettus Celebrate

FHNS End-of-Term Celebration – Thank You for Joining Us!



On May 2nd, students, staff, and faculty came together to celebrate the end of term and the incredible community we've built in the Department of Food and Human Nutritional Sciences.



The evening was filled with great food, fun games, and lots of laughter—an amazing way to wrap up the academic year!

Thank you to everyone who attended and helped make the night so special. Events like these remind us how strong and supportive our department truly is. We can't wait for more moments like this in the future!



Manitoba Nutrition and Dietetics Research Day

Exploring Nutrition Beyond the Plate

On April 29, the FHNS community showed up and showed out at Manitoba Nutrition & Dietetics Research Day! This year's theme—"Beyond Nutrition"—pushed us to think deeper about the social, psychological, and environmental sides of nutrition.

From climate action in dietetics and Gen Z health needs to Indigenous voices in gestational diabetes care and lifestyle interventions for Type 2 diabetes, the presentations were powerful and thought-provoking.

👏 Big thanks to our amazing student and faculty presenters, our attendees, and @Hello_Canola for sponsoring the event! This was more than a research day—it was a celebration of where nutrition is headed.





Volunteer with CanU this Summer!

Looking to gain hands-on experience in nutrition education and youth leadership? Join the CanU Nutrition Team this summer for an exciting volunteer opportunity right here at the University of Manitoba!



You

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Should

From July 7 to July 25, CanU will be running fun, interactive nutrition sessions for students in Grades 7–10. Volunteers will work in teams to plan lessons, lead activities, and prep healthy meals alongside youth participants.

Volunteer!!

- **17** Sessions run once a week (Tues/Wed/Thurs), with two options per day:
 - Morning: 10:30 AM–12:30 PM
 - Afternoon: 1:30 PM–3:30 PM
- You can volunteer for a full day or just a half day—whatever fits your schedule!

Interested? Email your availability by May 20 to secure your spot and help inspire the next generation of nutrition leaders.

Let's make this summer delicious and impactful! >>> [SIGN UP](#)

Make an Impact on Our Program's Accreditation - Volunteer for an Interview!

The undergraduate Human Nutritional Sciences (HNS) Dietetics programs are seeking student volunteers to take part in a virtual interview with [Accreditation Canada](#) as we work to renew our accreditation status.



You

The interviews are open to any University of Manitoba student in either the BSc (HNS) Nutrition Option or BSc (HNS) Second Degree Program who intend to pursue an education in dietetics (i.e., Dietetics Preparation/Concentration). Students in any year of the program are welcome to participate.

Should

The interview will take place sometime between September 8th to September 10th, 2025. The official day and time will be scheduled in May. Additional details, including the interview duration, will be provided as they become available.

A decorative graphic featuring a large, semi-transparent yellow circle. Inside the circle, the word 'When' is written in a large, lowercase, black, sans-serif font. The circle is centered on the page.

Volunteer!!

- Your Voice Matters: Your feedback and insights will play a key role in the accreditation process, helping to shape the future of our programs.
- Boost Your Resume: Participation in this process is a unique experience that will stand out on your resume and demonstrate your involvement in the quality of your educational journey.



Interested? Sign up today to be a part of this important process and help us continue to deliver a top-tier education in dietetics. [SIGN UP](#)

MAY 23-
JUNE 1ST

UM PRIDE WEEK

Stay tuned for information about events happening throughout the week, including the Pride Winnipeg Parade on June 1 (be sure to register to join the UM contingent!). **>>> REGISTER**

MAY 28TH
DEADLINE
MAY 16TH

CAMPUS BEAUTIFICATION DAY

9:00 – noon, followed by lunch on the Fort Garry campus
Staff members are encouraged to join the annual tradition of sprucing up campus. Please bring your own gloves and a reusable water bottle/coffee cup. There is a free BBQ lunch for all in the St. Paul's green space at noon. Rain date May 29.

>>> REGISTER NOW

MAY 29TH

CCARM FOOD FOR THOUGHT SEMINAR

11:00 am – 12:00 pm in the Samuel N. Cohen Auditorium, St. Boniface Albrechtsen, Research Centre, 351 Tache Ave, Winnipeg
Dr. Renée Douville, UM Department of Pharmacology and Therapeutics and Division of Neurodegenerative and Neurodevelopmental Disorders, will present “Viral proteins in my ice cream!?!?: Exploring the role of endogenous retroviruses in food safety”.

MAY 21ST-
AUGUST
20TH

ANIMAL SCIENCE & ENTOMOLOGY SUMMER BBQS

Every Wednesday | May 21 – August 20

12:00 PM – 1:00 PM

Come enjoy some great food and summer vibes at our weekly BBQs hosted by Animal Science & Entomology!

Location Update: West side of the courtyard doors