

## Med 1 Class Council Elected Roles

### **Class President**

The Class President has a very broad scope of responsibilities. These include:

- Attending UGME meetings (Pre-Clerkship Student Evaluations Committee, Pre-Clerkship Curriculum Committee, Curriculum Executive Committee) to voice the opinions and concerns of the class and vote on matters in the meeting.
- Coordinating the appointment of the Class Council's appointed positions. Following the election, you will be responsible for planning the timing and process of these appointments.
- Helping other members of the Class Council with initiatives and event promotion. A few notable examples that I have helped with throughout the first year: Aiding the Treasurers in setting up an account for grad funds, helping the Orientation Week Coordinators with funding for O-week, and helping the Community Outreach Representatives promote volunteering for the Mock MMI.
- Acting as a liaison between the class and UGME on matters and concerns that arise from either side. As the Class President, you are often the first person to hear about issues that affect the class, and you are often the person responsible for relaying this information from UGME to the class, and vice versa.

If you have any questions about the role, don't hesitate to reach out! [ericks26@myumanitoba.ca](mailto:ericks26@myumanitoba.ca)

### **Academic Representatives - 2 positions**

Being academic rep has two "main" responsibilities:

#### 1. The drive/managing learning resources

- This part can be a bit daunting if you are not well versed in tech, but we can go over key stuff/how to do it.
- There is no expectation you create resources for the drive itself, but if you enjoy doing that it can deff be a bonus.
- Throughout the year you will collect stuff shared by your classmates and add it to the drive, and eventually will be responsible for passing on the resources to the next incoming groups of Med 1s!

#### 2. Committees/student representation.

- I would say that a big part of this role is being able to talk with your fellow classmates and get a general feel for how people are feeling about classes, as well as relaying specific feedback at committees. Usually there are about 2 key meetings per month that you are expected to attend (held in the mornings, usually 8:15-10am (but they can often end early), as well as other committees that are a good idea to attend if you can. (In general, you are expected to attend any committee meeting as long as you do not have a mandatory class/other time commitment).

These meetings are mix of students and UGME staff/instructors/course directors, so its a great opportunity to learn more about medical education and share feedback.

You'll often be your classmates first contact for a lot of academic related issues. This honestly doesn't take up too much of my time and if you enjoy helping others this can be very rewarding. You will also work with the course reps to help collect feedback from your classmates + address issues as they come up.

I think it definitely can be a bit of a commitment (time, energy) and sometimes can be stressful but so is med school, but if you are someone that enjoys working with others and seeing everyone succeed it's a very rewarding role.

Contact: Maddie hamilt40@myumanitoba or DM on Slack

### **Social Representatives (possibly the coolest position)**

How many positions: 2 spots

Elected? Yes

#### So what do you actually do?

Technically this position has no rigid rule in terms of what is expected of you. Really your main goal is to the bring the class closer together and create a cohesive atmosphere with long lasting memories!

#### Some examples of what social reps have done in the past:

- celebratory events after tough exams (which can be every exam lol)
- class trips (we've gone to Mexico, Banff, Miami, Hawaii, etc)
- team bonding events like (karaoke nights, movie nights, potlucks, backpack decorating days, ice skating, H group olympics, etc)

#### Time commitment:

Really, it's what you make of it. Thankfully there are two of you, so if you split the work amongst your partner it really isn't that bad. Plus you get to see events you two planned come to life!

If you have any specific questions pls don't hesitate on asking either Tiffany Tantakoun (slack or IG: @tiffie\_tan) or Andrei Caymo (slack or IG: @andreibcaymo)

Good luck! :)

### **Sports Representatives (2 positions)**

As the Sports Representatives on the Student Council, our primary role is to foster a sense of community and promote wellness among students by organizing engaging and inclusive activities for not just the athletes, but everyone! Last year, the M1 and M2 sports reps collaborated to offer a variety of events that catered to all fitness levels and interests. We hosted ping pong and pool tournaments on campus, arranged discounted or free fitness classes at local gyms, and organized monthly rock climbing sessions. In addition, we held on-campus activities such as pickleball and dodgeball in the campus gym, as well as community outings like curling, pickleball and ice skating. We also facilitated participation in relay races, run clubs from

campus, and other local events, ensuring that everyone had the opportunity to get involved. One of our most popular initiatives was a fitness challenge that motivated students to stay active, with prize draws for those who completed the challenges. We worked closely with other student council members, including social reps, to ensure a steady stream of events that students could look forward to while promoting an active lifestyle. Our goal was to make it easy and enjoyable for everyone to stay fit and connected throughout the school year!

Contact: Jenna [crossj3@myumanitoba.ca](mailto:crossj3@myumanitoba.ca)

### **Wellness Representatives (2 positions)**

Responsibilities:

- Be a safe space to talk to and for any questions/concerns and ideas about wellness.
- Being a voice and advocate on behalf of the class for various issues regarding wellness and raising concerns with UGME, MMSA and other relevant governing bodies.
- Be knowledgeable and about various wellness resources available to Max Rady College of Medicine students.
- Work with other members of student council on joint events (Social and Sports Reps).
- Collaborate with the MMSA Wellness Representative and other Class Council Wellness Reps about the weekly free snacks given out in the Tim's Student Lounge (assist with setup/cleanup/hand out/and coordinating fruit pickup).
- Collaborate with Student Affairs and Dr. Goldberg to brainstorm ideas for the Annual Wellness Day for your class. Examples of Initiatives:
  - Providing sweet treats and small gifts for wellness pick me up packs
  - Joint potluck/movie night/Secret Santa with Social Reps
  - Group Dog Walk
  - M1 Cookbook (with a cooking class to make a recipe together!)

Other initiatives:

- Hot Yoga classes with Sports reps
- Craft and Sip nights (pottery/paint)
- Pre-exam review sessions providing pick me up snacks and drinks
- Bake sale to raise money for wellness funding

Contact Info:- Giulia Costantini (M2 Wellness Rep) o (431)999-2828

o [costantg@myumanitoba.ca](mailto:costantg@myumanitoba.ca)

### **MMSA Medicine I Representative**

The M1 Representative position is a unique role in which the elected individual is on Class Council as well as Manitoba Medical Students' Association (MMSA). The goal of this position is to have a Med 1 advocate on MMSA. The elected individual will liaise with their M1 class, Class Council, and MMSA to ensure adequate communication between all three parties. This position is only available in Med 1.

Contact Info: Demi [andromid@myumanitoba.ca](mailto:andromid@myumanitoba.ca)

### **Community Outreach Representatives (2 positions)**

The community outreach position revolves around organizing events to educate and provide resources on the process of getting accepted into the UGME program in Manitoba. We focus our efforts on those at the undergraduate and high school level with an interest in applying for medical school in Manitoba who may not otherwise have access to information or guidance from those that have already went through the process. Some key responsibilities for the role involve organizing and coordinating the Mock MMI for UGME applicants that received an interview to the MMI. Hosting information sessions for undergraduate students and potentially high school students interested in medicine. Initiatives taken upon by the class of 2027 community outreach reps include the mock mmi and medical school information panel at University of Winnipeg and University of Manitoba.

Contact info: Philip or Jeff Wilson [communityoutreach2027@gmail.com](mailto:communityoutreach2027@gmail.com)

### **Global Health Liaison Jr. Role**

Hi! My name is Gerald Trojillo and I am grateful to be serving as the Global Health Liaison Sr. for the 2024-25 academic year. The Global Health Liaison Jr. role is to help coordinate alongside the GHL Sr. with respective members in our Global Health Portfolio that work towards programs such as international exchanges, Indigenous health, reproductive health, environmental sustainability, human rights, and education. As a collective, we run many events throughout the year that spreads awareness of global health issues, such as our Global Health Concentration Program, panel events with experts in their respective field, and our annual EDI conference.

Our portfolio also collaborates at the national level with CFMS through global health roundtables with representatives from medical schools across Canada. Global health is a fascinating field within medicine and I believe we can promote global health at the local level. I will be very excited to hear your ideas on how to promote global health on campus!

Contact: Gerald [trojillg@myumanitoba.ca](mailto:trojillg@myumanitoba.ca)