



**University
of Manitoba**

S100 Medical Services Building
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Welcome Class of 2029!

The Department of Family Medicine is excited to welcome you all to the second Med.Zero event at the University of Manitoba, Max Rady College of Medicine.

Date: August 18, 2025

Time: 12 pm – 4 pm

Registration and lunch: 12:00 pm

Location: Brodie Atrium

- First floor of Brodie Centre
- Enter through 727 McDermot Ave. entrance (see attached map)

We have a fun afternoon planned. You will meet your classmates, Family Physicians, and residents and be introduced to the specialty of Family Medicine!

There will be clinical skills workshops that will introduce you to IUD insertions, airway management, delivering a baby, ultrasound, and an exciting surprise station! You will each participate in two of the clinical skills workshops.

If you would like to learn a little more about some of these procedures, please see the following links to videos/text.

As a reminder, please complete your PHIA training as it is required for participation in some of the stations.

IUD insertions:

<https://www.mirenahcp.com/insertion-and-removal>

(skip to chapter 3)

Delivering a baby:

<https://www.merckmanuals.com/en-ca/professional/multimedia/video/how-to-do-spontaneous-vaginal-delivery>

Intubation:

<https://www.youtube.com/watch?v=8AOB2PtHfVM>



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Ultrasound:

https://pie.med.utoronto.ca/OBAnesthesia/OBAnesthesia_content/OBA_ultrasonographyBasics_module.html

We look forward to meeting you!

Dr. Padma Mongru