

SCMC: AUGUST NEWSLETTER

A space for every soul

Meet our Team



We aim to provide support to students during difficult times through spiritual care, providing peaceful spaces and organizing workshops.

Our team includes spiritual care providers from a wide range of faith traditions, including Jewish, Christian, Muslim, Indigenous knowledge traditions and Humanist world view, all working together to support the diverse spiritual and cultural needs of the community.

Meet Tanis Moore, Bannatyne Meditation Workshop Facilitator!

Tanis studied online, taking the Jodo Shinshu Correspondence Course. In 2019, she traveled to the Nishi Hongwanji in Kyoto, Japan receiving her Tokudo ordination, under the leadership of Bishop Tatsuya Aoki of the Jodo Shinshu Buddhist Temples of Canada.

Sensei Moore, along with her daughter and son-in-law, continue to split their time between Winnipeg and their country home near Arnes, Manitoba.

Her interests include traditional Chinese medicine and working with Winnipeg's interfaith community.



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Events at Fort Garry Campus



BHAKTI YOGA WAY

Join us on August 21st and 28th at 6:00 p.m. We will hold conversation on spirituality, practice mantra meditation, and conclude with Prasadam, a vegetarian meal.



DRUM CIRCLE

Wrap up the summer with the energizing rhythms of our last drum circle on August 27. Connect with others, have fun, and celebrate community through music.



FALUN DAFA

Join us on August 30th for Falun Dafa, a spiritual practice rooted in the Buddhist tradition. Participants will explore self-improvement through the study of teachings, gentle exercises, and meditation.

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ORIENTATION SESSION

Join us on September 18th, at 6:00 p.m. in the Multi-Faith Centre, 521 UMSU University Centre, to learn more about our department's services for students. Student groups interested in using our spaces can request one-time or ongoing use throughout the fall and winter semesters.

Events at Bannatyne Campus



MEDITATION WORKSHOP

Don't miss the final session of our summer meditation workshop on August 20th. Join us for a calming mid-week pause to reflect, breathe, and recharge.

UNDERSTANDING & HEALING from the SOUL WOUNDS of RACIALIZED TRAUMA

We invite Rady Health students, who identify as Indigenous or Bodies of Culture, to attend a 4-week in person group. We will focus on understanding the impact of racialized trauma, how it may be presenting in the body, and learning individual and community healing strategies to help settle the body.



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Event Spotlight

GRAND OPENING of BANNATYNE MULTI-FAITH CENTRE



This October 1st starting 10am, we'll be celebrating the official opening of our brand-new Multi-Faith Centre space with a ceremony of dedication! This space will serve as a cornerstone for wellness and spiritual care on campus. Stay tuned for more details about the event and its timeline.

Chaplain Spotlight

MUSLIM CHAPLAIN



My name is Dr. Natasha M. Ali and I am the Muslim Spiritual Care Provider at UM's Spiritual Care & Multifaith Centre and also a registered Psychologist in Manitoba. My growing specialization is in Islamic Psychology. One of my main interests is working with young adults, a population I have worked with for 15 years in Manitoba, New Mexico, Florida, and Montreal. I obtained a Doctorate in Counselling Psychology from New Mexico State University in the USA, a Master's degree in Counselling Psychology from McGill University, and in 2024, a Diploma in Islamic Psychology from Cambridge Muslim College in the UK.

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