# SERVICE LEARNING ORGANIZATIONS

### CHOOSING YOUR SITE

#### Friday September 19, 2025:

Deadline for students to submit their rankings of Service Learning placements by 12 (Noon). Students who do not submit rankings will be assigned to an organization.

#### • Thursday September 25, 2025:

Students receive their Service Learning placements via email.

## 1JUSTCITY

- Description: IJustCity is an organization that supports three drop-in community centres in Winnipeg's core neighbourhoods: West Broadway, the West End and Osborne Village. Their services include daily meals, art, senior's programs, sharing circles, haircuts, showers, laundry, toiletries, and clean undergarments. In the winter months we also run the pop up warming centre in Osborne Village: Just a Warm Sleep.
- Areas where support is needed: Just a Warm Night (JAWS)
   overnight warming shelter; available hours are 7:30-1 lpm, each night
   of the month
- Address: 222 Furby Street/109 Pulford Street/365 McGee Street
- Website: <a href="https://www.ljustcity.ca/">https://www.ljustcity.ca/</a> or <a href="mailto:director@ljustcity.ca/">director@ljustcity.ca/</a>



### ART CITY

Art City is open for all ages! If you are an adult, you don't have to be a volunteer to participate.

It is important to Art City, for the sake of consistency that volunteers commit to a minimum of six months.

We ask that all prospective volunteers participate in at least one workshops during programming hours before starting as a volunteer.

All programs are designed with the safety of everyone in mind.

We will offer in-person programs Monday to Saturday, for the most up to date schedule check our website here: <a href="https://www.artcityinc.com">www.artcityinc.com</a>

Contact: Albyn Carias

Email: albyn@artcityinc.com

Phone: I-204-775-9856



#### BEAR CLAN

<u>Description</u>: Mission – to provide restoration and maintenance of harmony within the community by:

- promoting and providing safety.
- conflict resolution.
- mobile witnessing and crime prevention.
- maintaining a visible presence on the streets.
- providing an early response to situations

Students can support the Bear Clan evening community patrol (Wed-Fri, 6-9pm) and/or the Food Den (Sat/Sun 12:30pm-4pm), sorting & intake of food donations

Address: The Patrol operates out of 584 Selkirk Ave in the North End and The Broadway Neighbourhood Centre @ 185 Young St. in West Broadway.

Website: <a href="https://bearclanpatrol.org/">https://bearclanpatrol.org/</a>



#### BIG BROTHERS AND BIG SISTERS

- Each Big Brother Big Sister agency provides direct service to children by matching volunteers and youths in quality mentoring relationships. Our agency staff members are experts at screening volunteers and matching them with a mentee having similar interests.
- The national organization provides services and programs to our member agencies to assist them with their work with parents, mentees, and volunteers. Ranging from staff training workshops to our leading Child Safety Program, Big Brothers Big Sisters of Canada works diligently to ensure we have superior quality programming in all parts of the country.

#### Contact

532 Ellice Ave. Winnipeg, MB, R3B IZ2

Phone: (204) 988-9200

Fax: (204) 813-4704

Website: <a href="https://winnipeg.bigbrothersbigsisters.ca/">https://winnipeg.bigbrothersbigsisters.ca/</a>



#### BROADWAY NEIGHBORHOOD CENTRE

- <u>Description</u>: Mission a non-profit organization committed to providing the highest quality in recreational, social, health, educational, and employment training programs and services to all ages. The primary focus of the Centre is the local neighbourhood and the Centre responds to the issues, needs and strengths of the neighbourhood through specialized, flexible and innovative solutions.
- Address: 185 Young Street
- Students will work in the after school and evening programs - assisting with various academic and recreational activities (music, media, sports)
- Website: <a href="http://www.thebnc.ca/">http://www.thebnc.ca/</a>



#### CANU

- Description: CanU is a Winnipeg-based charitable organization that inspires hope and confidence in the leaders of tomorrow through its out-of-school mentorship and educational enrichment program for youth in Grades 5-12. Throughout the year, CanU Kids participate in a wide range of educational experiences on post-secondary campuses and develop their nutrition, health, academic, social, and leadership skills. CanU programs are designed and led by post-secondary student volunteers who are honing their leadership and community service skills. Service Learning is available on Thursday evenings from October February on the Bannatyne campus.
- Address: 130 Education Building, 71 Curry Place, University of Manitoba and programs at Bannatyne Campus
- Website: <a href="https://canucanada.org/">https://canucanada.org/</a>



# CENTRAL NEIGHBOURHOODS ASSOCIATION (Spence Neighbourhood Area)

- Offering various programs for youth in the Spence Neighbourhood
- We24 is an overnight program that runs from 11pm-7am, with expanded shifts starting at 9pm. Students are not required to spend the entire 8 hours.
- Assist with planning of 4 annual Community Connection events (picking up supplies, promotion, etc. - most of which can be done remotely.
- Location: 430 Langside Avenue
- Website: <u>www.spenceneighbourhood.org</u>

### CHILDREN'S HOSPITAL LIFE PROGRAM

- Students with support programming and recreational activities for patients of Children's Hospital, such as reverse Trick-or-Treat, ice-cream nights
- Special instructions: students must be available for an event on Halloween
- https://goodbear.ca/



# IRCOM - AFTER SCHOOL PROGRAM LOGIC MODEL

#### **Description:**

The goal of IRCOM's After School Program is to assist newcomer children and youth to positively integrate into their new environment in Canada.

#### **Objectives of the IRCOM After School Programs:**

EDUCATION: To provide educational activities like literacy and homework support in order to assist newcomer children and youth in cultural adaptation and language;

RECREATION: To provide stimulating and active recreational activities for children and youth which will promote the values of cooperation, non-violence and cross-cultural communication

EMPOWERMENT: To create a 'space' where self-esteem, recognition and appreciation for self, other and the environment can be learned and practiced

OUTREACH: To expose children and youth to the different service providers, opportunities, cross-cultural scenarios and types of activities that exist in their neighbourhood through outreach and collaboration with other agencies

PREVENTION: To keep youth away from high risk activities such as gangs, violence and substance abuse by providing positive mentorship and engaging activities



#### Website:

https://ircom.ca/programs/after-school-programs/

Address:
IRCOM Ellen
95 Ellen Street
Winnipeg, Manitoba R3A IS8

IRCOM Isabel 215 Isabel Street Winnipeg, Manitoba R3A IR5

Phone: (204) 943-8765

Email: info@ircom.ca

### HARVEST MANITOBA

(FORMERLY WINNIPEG HARVEST)

- Description: There is opportunity for med students to volunteer in the food storage and preparation area at Winnipeg Harvest. Students will sort food as it arrives and assist in preparing orders for families. Hours are flexible and include evenings and weekends.
- Evening shifts from 5:30-7:30pm & Saturdays, 9-11am or 1-3pm (no evening shifts on Sat)
- Address: 1085 Winnipeg Ave
- https://www.harvestmanitoba.ca/volunteer



#### HUDDLE SOUTH CENTRAL

- Huddle is an Integrated Youth Service providing free services to youth ages 12-29. Services include mental health and addictions counselling, cultural activities and support, primary care, dietary and nutritional support, employment support, recreational activities, peer support, community outreach, and more!
- Students would primarily engage in our weekly community outreach walks where our staff and volunteers walk around St. Boniface and surrounding areas to engage with community members, hand out food, harm reduction supplies, warm weather gear, safe sex supplies, water, Gatorade, resource information, pick up garbage, etc. Our short-term goals for the outreach walks include providing our community with access to harm reduction supplies, food, water, etc. and being a friendly face out in the community. Our long-term goals for the program include building meaningful connections with our community, proving information about harm reduction, supporting folks in engaging with resources and supports that we offer at Huddle, and building the scale of our outreach walks to include more volunteers and community members. Other opportunities for first line experience could be discussed if desired!
- Students will be part of the outreach walk, they will have the opportunity to engage with individuals and community members during the walks through offering harm reduction supplies, food, water, etc., talking with them to build connections, and providing wound care or first aid supplies if needed.



Address: 17 St. Marys Road, Unit A

Contact Person: Omar Clarke

Role: Service Navigation Specialist

Email: oclarke@hub.youville.ca

Phone:431-275-6706

Website: <a href="https://huddlemanitoba.ca/find-a-location/huddle-south-central/">https://huddlemanitoba.ca/find-a-location/huddle-south-central/</a>

## MAIN STREET PROJECT - MOBILE OUTREACH TEAM

- Serving the needs of Winnipeg's most vulnerable residents since 1972, Main Street Project offers programming and services to help our community members build stability. Working under a housing first philosophy, we work with each individual to support positive changes and transition them towards stable, permanent housing.
- Main Street Project's Mobile Outreach program serves Winnipeggers living unsheltered throughout the city. Ours is the only Mobile Outreach team that operates city-wide 24/7, 365 days a year. Our services include providing basic necessities like food, water, harm reduction supplies, safe transport, immediate life-safety support, case management and permanent successful housing support.
- The van team focuses on building relationships with community members. These relationships are built on listening, trust, and openness. Students will engage directly with community members.
   Some interactions are to provide harm reduction or basic necessities, while others are spent in the van, or in community space having conversations.



Address: 661 Main Street Winnipeg, MB, R3B 1A5

Contact Person: Tiago Bowkowski

Role: Program Manager – Mobile outreach

Email: tbukowski@mainstreetproject.ca

Phone: (431)337-2314

Website: <a href="https://www.mainstreetproject.ca/programs-">https://www.mainstreetproject.ca/programs-</a>

and-services/van-patrol-outreach-program/

### ONGOMIIZWIN EDUCATION

Ongomiizwin – Indigenous Institute of Health and Healing officially launched in June of 2017. Ongomiizwin (clearing a path for generations to come) has a permanent place in the Rady Faculty of Health Sciences, affirming the University of Manitoba's commitment to building respectful relationships and creating pathways to Indigenous health, healing and achievement.

#### Website:

https://umanitoba.ca/ongomiizwin/

# OPIKIHIWAWIN - NEW DIRECTIONS

Small Actions.

Big Impacts.

Volunteering with New Directions provides the opportunity to connect with community members in Manitoba and to support and empower them on their life journey.

Individuals supported by New Directions want the same things you do, to make natural connections with others and enjoy shared interests and activities.

If you believe in the importance of community and the inherent value and dignity of all people, please explore volunteer opportunities with us!



Contact:

Kyle Daniels

Phone Number:

204-786-7051

Email:

kyle.daniels@newdirections.mb.ca

Address:

717 Portage Ave. Winnipeg, MB R3G 0M8

Website:

https://newdirections.mb.ca/opikihiwawin/

#### RONALD MCDONALD HOUSE

- Ronald McDonald House (RMH) is an organization that keeps families together. RMH is a
  home away from home for rural Manitoban and out-of-province families with a child
  requiring treatment at a nearby hospital. The program operations for families 24/7, 365
  days/year. (www.rmhcmanitoba.org)
- 62 Juno Street
- There are opportunities for med students to assist in the Family Room, 5-8 pm evening shifts
- Kayla@rmhmanitoba.ca

# ÉCOLE SACRÉ-COEUR BREAKFAST PROGRAM (RADY FACULTY OF HEALTH SCIENCES FOOD SECURITY INITIATIVE)

 <u>Description</u>: To provide support to the weekly breakfast program at nearby French Immersion School. Activities will include meal prep, serve and clean up. Shifts will be approximately 1.5-2 hours between 6:30-8:30 a.m. and are available twice weekly (Tuesday & Thursday)



 Address: The school is located at 809 Furby Street at McDermot.

School website: <a href="https://www.winnipegsd.ca/Sacre-Coeur">https://www.winnipegsd.ca/Sacre-Coeur</a>

# STUDENT SENIORS ISOLATION PREVENTION PROGRAM

- Description: opportunities for med students to connect with seniors via telephone calls to alleviate isolation.
- This program is run by medical students and hours are flexible, evenings and weekends

### SPECIAL OLYMPICS

 Description: help train athletes in their development of basic motor skills and sport specific skills in a one-on-one setting as well as a group, preparing athletes for the annual regional competition

Address: 304-145 Pacific Ave

http://www.specialolympics.ca/





#### ST. AMANT

- St.Amant supports over 5,000 people in Manitoba with developmental disabilities, autism and acquired brain injury. We are a not-for-profit organization that offers a wide range of supports for adults, children and their families.
- Our over 2,000 staff follow a person-centred approach and adapt to the needs of each person and each family.
- St.Amant strives to support people with developmental disabilities to live meaningful lives as valued members of our community. We are committed to human rights and full community inclusion.
- Drawing on a tradition of compassion and service, we use a mindful approach in our daily work and service. Our values guide our actions and our relationships with the people we support, families and co-workers.

Contact

Address: 440 River Road, Winnipeg, Manitoba, R2M 3Z9

Phone: 204-256-4301

• Fax: 204-257-4349

Email: <u>inquiries@stamant.ca</u>



### VICTORIA HOSPITAL - RECREATIONAL FRIENDLY VISITOR

- Hospital is part of the Volunteer Guild's mandate to enhance patient well-being by offering companionship, comfort, and support. Volunteers provide friendly visits through conversation, reading, or playing bed-side games. This non-clinical role helps reduce isolation, promote a positive hospital experience, and complements the Guild's broader mission of supporting patient care and hospital services through direct patient interaction.
- Students will engage as Recreational Friendly Visitors at Victoria Hospital, focusing on providing companionship and social interaction for patients. The primary goal of this program is to enhance patients' emotional well-being, reduce feelings of isolation, and foster a sense of connection within the hospital environment.



Address: 2340 Pembina Hwy

Contact Person: Kendra Wray

Role: Volunteer Manager

Email: volunter@vgh.mb.ca

Phone: 204.477.3347

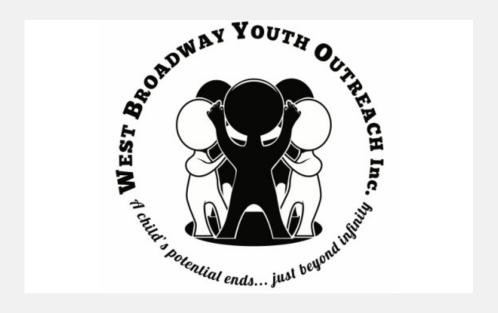
Website: <a href="https://vgh.mb.ca/volunteers/">https://vgh.mb.ca/volunteers/</a>

# WEST BROADWAY YOUTH OUTREACH (WBYO)

 Description: drop in recreational and life skills program providing year round free after-school and summer programming in a safe, fun, and nurturing environment

Address: 646 Portage Ave

http://www.westbroadwayyouthoutreach.com/



### WINNIPEG NEWCOMER SPORT ACADEMY

- WNSA provides newcomer children and youth with economically accessible quality multi-sport programing that promotes growth and development that contributes to positive integration into their community.
- Goal: Maximize the comprehensiveness and wholistic nature of our quality multi-sport programming for newcomers.
- Students will be asked to perform tasks in three areas, observing and recording (write) key behaviors and skills, leading or coaching groups, reporting on key behaviors and skills.
- The first block will be from October to December 2025, where students will assist our skating program (leading groups). Many of our participants are developing skaters who need help learning the skating skills prescribed by the head skating coach. For the off-ice portion of block one, students will observe and record as many negative and positive participant behaviors as possible. These observations will help determine our coaching effectiveness more accurately.
- The second block will go from January to April 2026, where students will lead various
  activities and develop two reporting measures. Those measures are a skill passport and a
  report card, which will allow us to report on participant skill and behaviors throughout
  the year.
- The third block from May to September 2026, will involve leading and coaching various activities, and preparing and finalizing the passport and reports for each participant.
- Additional students tasks may be include involvement with our Youth in Sport
  Leadership program. Relevant topics include help with job-related tasks such as interview
  practice, academic habits, resume writing and professional conduct.



Address: 145 Pacific Avenue, Wpg, R3B 2Z6

Contact Person: Laurie

Role: Manager of Admin and Operations

Email: admin@wnsa.ca

Phone: 204-223-2034

Website: https://wnsa.ca/

### WII CHIIWAAKANAK LEARNING CENTRE

• The Wii Chiiwaakanak Learning Centre's primary focus is to offer educational and cultural programming rooted in Indigenous knowledge, in order to develop and strengthen pathways for Indigenous students to University. Programming includes: after school science and homework club, women's self-defense courses, STEAM camps, Science Kids on Campus, Indigenous language courses and a variety of cultural workshops, including the Pow Wow club. The Centre is open 5 days a week.



Address: Location: 511 Ellice Avenue

#### WOMEN'S HEALTH CLINIC

- The Women's Health Clinic is an inclusive, feminist community health clinic that offers client-centred support through services and education.
- Women's Health Clinic has created a Sexual Health Facilitator Training (SHiFT) Program for service providers working with diverse clients. We know that the decisions we make about our sexual health are influenced by many different factors. The SHiFT Program aims to provide a resource to create or enhance existing sexual health-related education for your program participants and/or clients.
- The SHiFT Program will provide service providers with:
- Personal learning and reflection from each of the 10 workshops
- Opportunity to reflect on how the content would be best adapted for your clients
- Access to 11 complete workshop kits (downloadable in .pdf format from online portal) for you to use or adapt with your clients
  - Body Image, Communication, Diversity, Media Awareness, Self-Awareness, Self-Compassion, Sex and Gender, Sex 101, Talking to Your Kids About Sex, Emotional Well Being, & Consent
- Post -SHiFT support and ongoing access to trainer for questions, conversation, and debriefing about the best application of workshops within your context
- Attend training and then deliver sessions to highschool students.



Address: 419 Graham Ave 3rd Floor, Winnipeg, MB R3C 0M3

Contact Person: Eveline Buehlmann & Ashley Ford

Role: Health Educators

Email: <u>ebuehlmann@womenshealthclinic.org</u> and <u>aford@womenshealthclinic.org</u>

Phone: (204) 947-1517

Website: <a href="https://womenshealthclinic.org/">https://womenshealthclinic.org/</a>

## CONTACTS (IN YOUR SYLLABUS)

**Primary UGME Contact**	Additional Contacts	Cl2029 Service Learning Student Rep
Medicine.ServiceLearning@umanitoba.ca	Nadine Allain & Alyssa Penner Year I Longitudinal Course Administrator Email: Year I UGME@umanitoba.ca Phone: 204-789-3686	Ruth Amede ameder@myumanitoba.ca
	Dr. Ian Whetter Social Accountability – Lead Email: <a href="mailto:lan.Whetter@umanitoba.ca">lan.Whetter@umanitoba.ca</a> Phone: 204-795-2735	