# Maimonides Award for the Humanities in Psychiatry

The Department of Psychiatry (DOP) is pleased to offer the above-named Award for competition.

This Award will honour an individual who exemplifies a commitment and scholarly productivity regarding the humanities as they pertain to the specialty of Psychiatry and the larger field of Mental Health. Through funding made available by anonymous donors in support of this Award, the DOP will annually offer (up to) one award to a successful recipient which will include a monetary honorarium and an accompanying award certificate.

This Award is named after Moses Maimonides, a medieval Sephardic philosopher who became a prolific and influential physician and scholar of the Middle Ages. In addition to philosophic and religious writings, he wrote a number of works dealing with medicine, including a popular text outlining good health practices and management, which he dedicated to his benefactor, Sultan al-Afḍal.

# **Eligible candidates:**

Candidates who may be eligible to apply will potentially include:

- undergraduate medical student(s) of the Max Rady College of Medicine; OR
- psychiatry postgraduate general or subspecialty resident(s) of the Max Rady College of Medicine; OR
- academically- appointed members of the Department of Psychiatry (DOP). Adjunct members of the DOP will also be eligible to apply.

# Eligible fields of study for consideration:

The topics which may be considered for this Award will inherently be varied and numerous. Some of the areas for consideration **may** include:

 cultural aspects of psychiatry; gender issues; historical, philosophical & political studies of psychiatry; medical education; physician well-being or self-care; psychotherapies; social determinants of health within the field of mental health; systems theory and its role in mental health systems.

# Eligible scholarly/academic works:

Each applicant will have **completed** a significant scholarly work which would have emphasized the arts and humanities in relationship to the specialty of Psychiatry and/or field of mental health. Examples of such productivity might include:

- a published (or 'in press') manuscript including independent writing, research study OR similar creative endeavor, where the candidate is the lead author or acknowledged lead in the work being considered; OR
- designing **and** implementing an educational curriculum **or** course **or** therapeutic approach which focuses on the central role of the arts and humanities on the development of the psychiatrist or in the promotion of a more comprehensive and holistic approach to patients' mental well-being.

#### Terms of Reference:

The Award and its funds are administered by the Maimonides Awards Committee, which will consist of donors and the DOP Head (or their designate). The Award will be presented at the DOP's Annual Research Forum by the DOP Head (or their designate).

# Applications **must** include:

- a formal narrative letter by the applicant outlining their work and interest in the Humanities;
- a current Curriculum Vitae;
- up to 2 letters of support to speak to the unique contribution(s) of the particular scholarly work;
- a copy of the scholarly work to be considered.

# Deadline:

Complete packages must be received in full by Friday October 10, 2025, 1200H.

# Please submit to:

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