



ASIST

Learn the skills. Help save a life.

Suicide is preventable. Anyone can make a difference.

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public

Suicide ASIST Workshop

- **Date:** Saturday, Jan. 10 & Sunday, Jan. 11, 2026
- **Location:** Bannatyne Campus
- **Cost:** Free, thanks to a generous donor!
- **Hosted by:** Student Services Bannatyne Campus
- **Inquiries/Registration:** eden.friesen@umanitoba.ca (subject line: ASIST)

REGISTER BY FRIDAY, DEC.12 @ 12 PM

ASIST works. Learn more and see the evidence at www.livingworks.net/asist