



## Understanding and managing sleep in fetal alcohol spectrum disorder (FASD)

### SEMINAR & VISITING SPEAKER SERIES

#### DATE

Friday, January 31, 2020  
9:00AM

#### LOCATION

PX236/238 PsychHealth Building

#### SPEAKER

Dr. Ana Hanlon-Dearman  
MD, MSc

Professor, Pediatrics and Child Health  
University of Manitoba  
Developmental Pediatrician  
Medical Director, Manitoba FASD Centre

#### BIO

Dr. Hanlon-Dearman is a developmental pediatrician and the Medical Director of the Manitoba FASD Centre and the Child Development Clinic at Specialized Services for Children and Youth in Winnipeg Manitoba. She is a Full Professor of Pediatrics and Child Health at the Max Rady College of Medicine in the Rady Faculty of Health Sciences at the University of Manitoba where she is the Section Head of Developmental Pediatrics. She is a Diagnostic Co-Lead (Pediatrics) with CanFASD and is involved in FASD research nationally. She has led training in FASD multidisciplinary diagnosis and management nationally and internationally. A selection of her key publications in FASD include

recent population health publications describing the health, social, education, and justice outcomes of children with FASD, a number of papers describing social and systemic risk factors contributing to FASD, and of importance to pediatricians and health care providers, anticipatory guidance for those caring for children and youth with FASD.

#### OBJECTIVES

1. Discuss the biology of sleep disruption in FASD
2. Review clinical research in sleep disruption
3. Relate the biology of sleep disruption in FASD to clinical management

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