**Heart & Stroke: Basic Life Support Classes**

**\*\*May 2025\*\***

**BLS Provider Class (first time certification)**

**1 day / ~4 hours**

n/a

**BLS Provider Class- RENEWAL**

**1 day / ~2 hours 10 minutes**

**Thursday May 1st** at 0900 and 1200

**Friday May 2nd** at 0830 and 1130

**Thursday May 8th** at 1400 and 1700

**Friday May 9th** at 0900 and 1200

**Monday May 12th** at 0900 and 1200

**Thursday May 15th** at 0900 and 1200

**Wednesday May 21st** at 1630

**Thursday May 22nd** at 0900 and 1200

**Certificates will be provided digitally immediately following the class.**

**Please email me with your top 3 class choices, first and last name, and email address.** (Heart and Stoke email if you have one).

If you do not have a Heart and Stroke profile one will be created for you at the time.

All classes are in person at 1311 Dakota Street

***Thank you kindly!***

Jessica Palmer, (204) 995-7782. jpalmer.instructor@gmail.com