



**University
of Manitoba** | Rady Faculty of
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Dear Nursing Students,

We know how hard you've been working — caring for others, studying late, and giving your all to your patients and your program. Now it's *your* turn to be cared for!

As part of a CON wellness initiative, we have partnered with the Faculty of Kinesiology Athletic Therapy students who will host a fundraiser just for faculty, staff and nursing students — an opportunity to unwind, relax, and prioritize *your own* health and wellness. **Please give a donation in whatever amount to support the Athletic Therapy students.**

Massage-a-thon Details:

Dates: November 17th, 19th, and 21st

Time: 9:00 AM – 4:00 PM

What: 15-minute relaxation massages

Where: Helen Glass Undergraduate Student lounge

Your health is just as important as your patients'. Take a well-deserved break and come support a great cause while doing something good for yourself!

Sign up for your **student** slot below:

https://docs.google.com/spreadsheets/d/1UZa69J1J344_eDCOoDmfDymNYJdbjhRp4lW0pAAp9gM/edit?usp=sharing

We can't wait to see you there!

CON Leadership and the Athletic Therapy students of FCRM
Office of the Dean