

FOOD FOR THOUGHT

SEMINAR SERIES

Apr 8th, 2024

9:30 AM – 10:30 AM
(Central Standard Time-CST)

12:00 PM – 1:00 PM
(NL Time)



Zoom:

<https://us02web.zoom.us/j/81624855740?pwd=Z1BJczJwYjZpRE9vbGJ6MTVCWUtIZz09>

Meeting ID: 816 2485 5740
Passcode: 765359

*For further information, please contact
the CCARM Administration Office
email: ccarm@sbrc.ca*



Omega-3 fatty acids in maternal and offspring health: what did we learn in two decades?

**Sukhinder Cheema, PhD, University Research Professor,
Department of Biochemistry, Memorial University, St. John's,
Newfoundland**

Dr. Sukhinder Cheema is a Professor in the Department of Biochemistry at Memorial University, Newfoundland. Her research is in the area of nutritional biochemistry, focusing on the importance of dietary fats during pregnancy, lactation, and postnatal life. Over the past two decades, her research has mainly focused on the importance of omega-3 fatty acids from marine sources in health.

Her research has been funded through granting agencies including the SSHRC-New Frontiers in Research Fund, Canadian Institutes of Health Research, Natural Sciences & Engineering Research Council, Heart & Stroke Foundation of Canada and the Canadian Foundation for Innovation. She also holds provincial, industry and clinical funding, along with a collaborative grant from the Harvard Medical School.

Dr. Cheema has published over 100 full-length peer-reviewed papers in leading international journals, presented 200+ papers at national and international conferences, and has delivered 60+ invited talks at national and international level.



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