**The Canadian Centre for Agri-Food Research in Health and Medicine (CCARM) is looking for volunteers for a research study! Please see below:**

**Volunteers needed for a weight loss study looking at the effects of whey protein and pea protein on muscle function and body composition**

We are looking for men and women aged 30-50 with body weights that are above normal and have excess body fat, and who do not have a chronic disease. You will be asked to consume a powder containing pea or whey protein or placebo daily for 12 weeks, and to attend 3 study visits (~2 hours in length) at the Asper Clinical Research Institute during the study period. Participants will receive an honorarium and a fitbit for their participation.

If you are interested or would like more information please call 204-258-1207 or email [studyinfo@sbrc.ca](mailto:studyinfo@sbrc.ca)